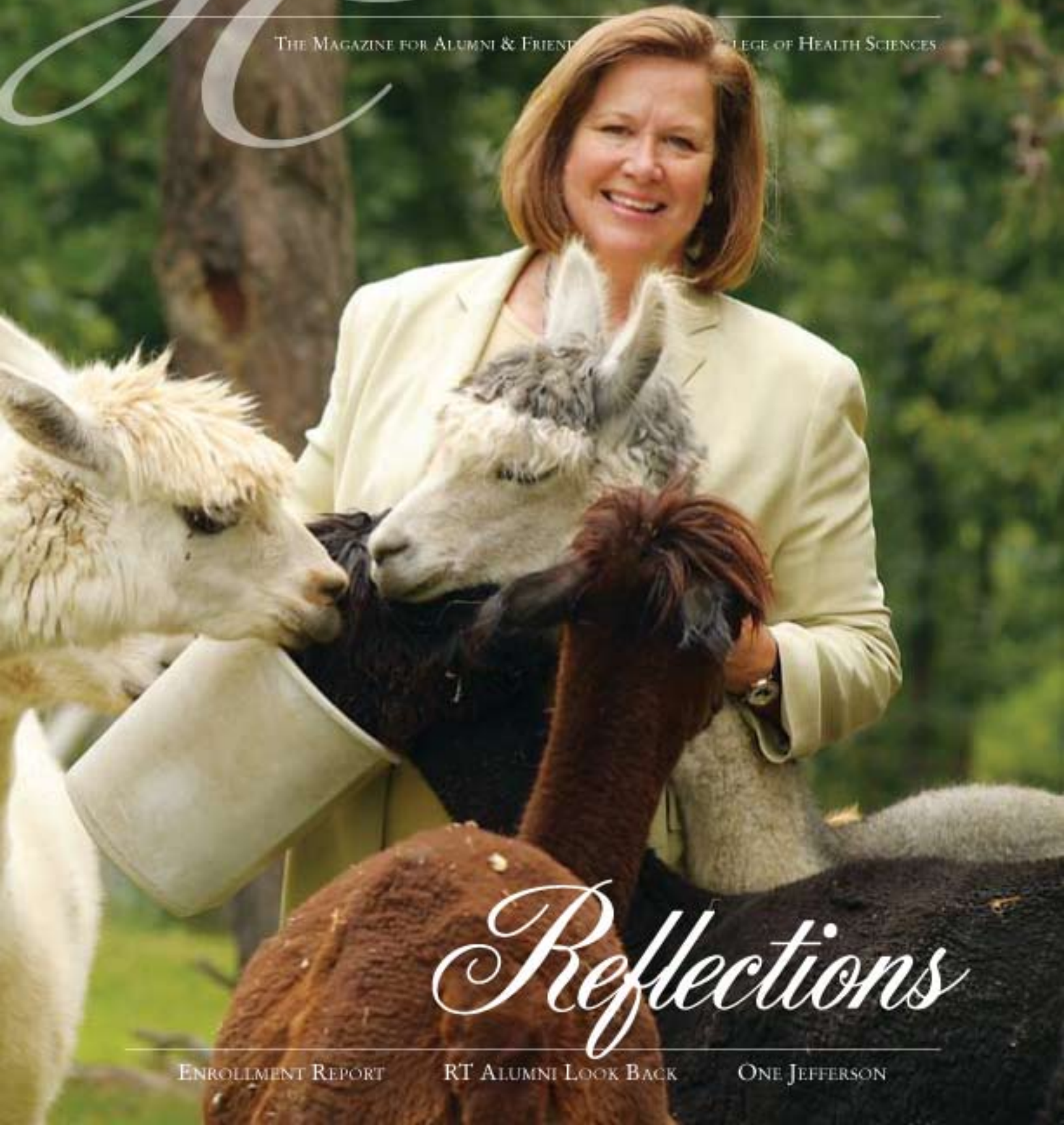


Issue Two, 2006

JEFFERSON CHRONICLE

THE MAGAZINE FOR ALUMNI & FRIENDS OF THE COLLEGE OF HEALTH SCIENCES



Reflections

ENROLLMENT REPORT

RT ALUMNI LOOK BACK

ONE JEFFERSON

A LETTER FROM THE PRESIDENT



Photo by Bruce Muncy Photography

Bring you warm greetings from the Jefferson campus! Thank you for sharing a visit with us as you review this issue of the *Chronicle*. Over 900 students enrolled in August, and they are fully engaged in their studies and busy learning the art and science of their practice. Thoughts of the holidays are beginning to creep into consciousness as students, faculty and staff look forward to time away from campus to spend with family and other loved ones.

Our campus celebrations started early this year as we marked the 100th birthday of the Fralin House on October 19. Over 100 friends from our downtown and

Jefferson is blessed with the stories of thousands of women and men who marched from our doors, and into the lives of countless patients throughout Southwest Virginia and beyond.

Carilion communities joined us to celebrate the anniversary of this grand old city landmark where we proudly house our admissions and financial aid offices. Speaking of celebrations, we will be honoring our 25th year as a degree-granting college in 2007. We became Community Hospital of Roanoke Valley College of Health Sciences in 1982, but our real beginnings date back to 1914 when Dr. Hugh Trout founded Jefferson Hospital School of Nursing. Our legacy has strengthened through the years with our merging with Lewis-Gale School of Nursing and CHRV School of Nursing.

We owe a great debt of gratitude to the faculty and alumni of our Foundation Schools—Jefferson Hospital School of Nursing, Lewis-Gale School of Nursing, and CHRV School of Nursing. These nurses set the standard for the quality of education and learning that we continue today. We are mindful of you who preceded us and hope to continue hearing from you. We are planning special events to celebrate our 25 years as a college, and we hope all of our alumni will join us.

Every school, college and university loves to tell the stories of their alumni. Jefferson is blessed with the stories of thousands of women and men who marched from our doors and into the lives of countless patients throughout Southwest Virginia and beyond. This publication will continue to chronicle the real story of Jefferson—your stories. You are the heart and spirit of Jefferson and we will keep you in touch with each other, with faculty and with our campus.

Happy Holidays and Blessings in the New Year!

Carol Seavor

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CONTRIBUTING WRITERS

Howard Ballentine
Alice Carr

Rebecca Duff, '93, '01

MAGAZINE EDITOR

Diane Hailey

ASSISTANT EDITOR

Brehanna Sawyer

DESIGN

Inprint, Inc.

PRINTING

Seckman Printing

COLLEGE ACCREDITATION

Commission on Colleges of the Southern Association of College and Schools (SACS)

1866 Southern Lane
Decatur, Georgia, 30033-4097
Phone: 404.679.4501



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of HEALTH SCIENCES

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New Grant Writer
PA Program Earns Carilion Foundation Grant

About the cover...

LYNN HALL COYNER, '69, reflects on her years as a nurse and administrator. Soon to retire from her position as director of emergency services at Augusta Medical Center, Coyner plans to trade hospital corridors for serene landscapes. Her new workplace is Kenly Hill Farm, the pastoral alpaca farm she and late husband, Kenny, purchased years ago. Her new full-time career will include raising alpacas and harvesting their wool. Look for her handiwork in a sweater near you. Cover photo by Ian Bradshaw



[THE REID REPORT]

CLARENCE MATHEWS RETIRES

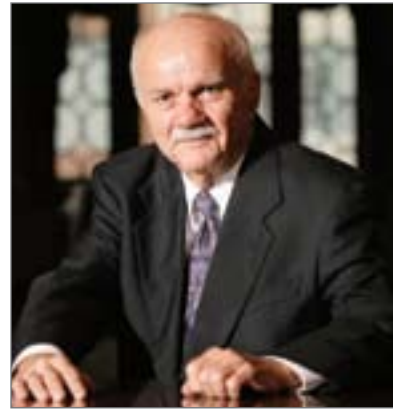


Photo by Ian Bradshaw

Clarence Mathews said goodbye to the College in spring 2006 after many years of service. He began working for the College in 1986 but had coached the women's basketball team on a volunteer basis for both Jefferson Hospital School of Nursing and CHRV School of Nursing since the mid 1960s. "We played most of the Virginia nursing schools, but our top rival was always Roanoke Memorial School of Nursing,"

he remembered fondly. In 1986, he began working in the College Bookstore on a part-time basis, having already retired after 31 years teaching social studies and physical education, mostly at Liberty High School. His wife, Donna Mathews, was a beloved long-time employee of the College as well. Before her retirement in 1991, Donna was awarded an honorary doctorate of letters by the College for her exemplary service.

Physical Therapist Assistant Program Partners with FREE

The Jefferson PTA program has developed a community partnership with an organization called FREE (Foundation for Rehabilitation Equipment Endowment), located at Goodwill Industries in Salem. The volunteer-based, non-profit organization was created to help provide

rehabilitation equipment for citizens who have disabilities or illness. The equipment that FREE receives is used, so Jefferson students volunteer on a routine basis to inspect the equipment and do minor repair work such as replacing worn pads and tightening bolts. The students learn

the nuts and bolts of assistive devices and the community receives the benefit of the service. PTA assistant professor **Rebecca Duff, '93, '01**, says, "We hope this experience will help our students maintain community volunteerism as part of their professional career."

OTA AND PTA WORK TOGETHER TO PROVIDE SPORTS PHYSICALS

Forty Jefferson students in the physical therapy and occupational therapy assistant programs teamed with Health Focus in Salem to provide sports physicals for local youth who could not otherwise afford them. The annual event took place May 13 at Northside High School. The Jefferson students performed the orthopedic screening, which involves testing muscle strength and range of motion and a scoliosis check.

JEFFERSON CO-SPONSORS IN THE CITY DAY IN DOWNTOWN ROANOKE



Jefferson College of Health Sciences and Carilion Health System sponsored the June 16 *In the City Day* in Elmwood Park. Over 1,000 downtown employees enjoyed lunch and a live band. *In the City Day* is coordinated by Downtown

Roanoke, Inc., a partnership of hundreds of downtown businesses that promote downtown Roanoke as a great place to live, work and play.

[THE REID REPORT]

MED FEST



Courtesy photos



April Grisetti-Nail, '06, attended the American Medical Student Association convention in Chicago in spring 2006. The theme of the convention was Transforming Passion Into Action: A New Era of Physician Advocacy. While in Chicago, Grisetti-Nail had the opportunity to take universal health care to the streets and help other MedFest volunteers give Chicago Special Olympians' free physicals.

Jefferson Alumni, Students, Faculty and Staff on Their Way to Better Health



Photo by Diane Halley



Photo by Warren Clark

In spring 2006, the Communications and College Relations office, in conjunction with the Alumni Relations office, began sponsoring Jefferson alumni, students, faculty and staff in 5Ks and triathlons that benefit area non-profit agencies. Not only is there lots of fun and support for good causes, but the venture also allows Team Jefferson to show its appreciation for healthy living activities. The Jefferson running club participated in the Carilion 5K and Butterfly Fun Run, the AEP 5K, the Health Focus 5K, the Big Lick Triathlon and many other events.

NEW EMPLOYEES

We welcome these new employees who joined us between January 1 and June 30, 2006: Viki Neurauter, OTR/L, MOT, assistant professor in the occupational therapy program; Vicki Bierman, MSN, FNP, assistant professor in the physician assistant program; Brandi Sauerhoff, BA, associate clinical resource for the EHS-P program; Lori Hulak, BA, grant writer specialist; Bre Sawyer, BA, coordinator for alumni relations; Beth Biggio, department secretary for nursing.

Faculty and Staff for Practical Nursing Program Join Jefferson

We also welcome a very special group of healthcare educators and support staff: Carolyn Lyon, RN, MSN, director of the practical nursing program; Kristie Greenman, RN, MSN, instructor for the practical nursing program; Melissa Crigger, RN, BSN, MHA; Kathy Cochenour, department secretary for practical nursing program; and Frances Keys, department secretary for practical nursing program. Together, these five people bring more than 90 years of healthcare education experience to us. We are very proud to have the PN program, formerly the Roanoke Memorial Hospital School of Practical Nursing, with us. The practical nursing program, along with the nurse aide program, brings to the College the full continuum of nursing education.

[THE REID REPORT]

FALL 2006 ENROLLMENT REPORT

by Howard Ballentine, Dean for Enrollment Management and Planning

Jefferson College continues to grow, both in number of programs and in number of students. The Admissions Department has initiated new processes to increase the number and the geographic diversity of students interested in Jefferson College. Fall 2006 saw the achievement of a new milestone as Jefferson enrolled 925 students, the largest number in its history. This year we also welcomed our second class of master of science in nursing students.

The success of our graduate program and other new programs, such as the bachelor of science in healthcare management, has inspired the College to move forward with plans for more four-year degree options. The new bachelor of science in health psychology and bachelor of science in health and exercise science programs are accepting applications and will enroll students for the first time in fall 2007.

The record number of students for the

fall semester marked the third straight year of increased enrollment at Jefferson. Over the past five years the College has grown an astounding 43 percent. The largest programmatic increase in enrollment for this year was in fire and EMS technology, which increased by 60 percent over last year. Other programs also deserve recognition, such as the biomedical sciences program and the physical therapy assistant program, which increased enrollment by 18 percent and 10 percent, respectively.

Increased enrollment is reflected not only in the number of students each fall semester but also in the number of graduates. Over the 2005-2006 year Jefferson conferred degrees to more than 200 new healthcare professionals. Ninety-five percent of these new alumni had received employment offers in their field before graduation.

Jefferson serves the medical community through its degree programs and through several continuing education programs as well. Recently, the Carilion Roanoke Memorial School of Practical Nursing was integrated into the College. This program joins several other continuing education programs in providing the needed skills to current and future nursing professionals in the Roanoke Valley and beyond.

Annual inquiries to the College have increased 18 percent and applications for admissions increased 21 percent over the previous year. Many of those inquiries and applications were the result of recruiting efforts outside Virginia. Those efforts are diversifying our student population, as students from 19 states are now attending Jefferson, including some from as far away as Alaska.

STUDENT GROUP TAKES AID TO ROMANIA

A group of four students, one alumnus and a faculty advisor took medical supplies to Romania for their spring break 2006. EHS-Paramedic graduate **Walter English, '05**, was the alumni advisor for the trip. The four students were senior EHS-Paramedic students **John Scott, '06**, **Megan Cooney, '06**, **Andrea McConnachie, '06**, and **Emily Woodyard, '06**. The students raised the funds for their travel and medical supplies through hard work and lots of fundraising activities. To hit the ground running, they went as part of a team of volunteers from the Smiles Foundation, an organization that focuses their charitable work on the children of Romania.

The Smiles Foundation put the Jefferson students to work providing medical supplies and basic care for gypsies. Healthcare in that part of the world is sparse for the mainstream population, but for gypsy families who live on the outskirts of the villages, medical attention is nonexistent.

"Once we got there and took in the situation, we knew why we were going to focus on the gypsy population first," English said. "We could see they needed our attention most." English described the relationship between the Romanians and the gypsies: "They [the gypsies] were just kind of misunderstood people who were sometimes looked upon with suspicion by the people in the towns," he explained.

The pervading memory English has of the gypsy ghettos can be summed up in one word: *mud*. There are no paved streets there, so rain and melting snow turn every square inch of ground into a quicksand-like mix of dirt, clay and water. Just getting to the people who needed help was a struggle when transportation consisted of traversing on foot through 8 inches of mud. "This was my second international trip with JCHS and each time it reinforces how well we have it here in the United States," said English.

As a paramedic for the city of Fairfax, English is able to work with the benefits of one of the most advanced and progressive emergency services departments in the nation. He says that mission service helps keep his world in perspective. "I have a \$500,000 ambulance that has everything I need in it. In Romania, we went in with limited supplies and left knowing that those people don't even have the basics and probably never will," said English. He believes that every healthcare provider should do third world medical mission work at least once. "You feel so appreciated. People walk up and shake your hand and say, 'Thank you.'"



Courtesy photo

COMMENCEMENT 2006



Carol Seavor, Kathleen Berra, Steve Musselwhite



Members of the class of 2006

N.L. Bishop

Kathleen Berra, MSN, ANP, FAAN, spoke at the May 2006 commencement. Berra is the Clinical Trial Director at Stanford Center for Research in Disease Prevention, Stanford, CA. She is also an associate clinical professor of nursing at the University of California School of Nursing.

The student speaker was Jennifer Wiggins, in physical therapist assistant program.

[THE REID REPORT]

CARILION
FINDING BETTER WAYS

The organization currently known as Carilion Health System will become the Carilion Clinic, a not-for-profit, multi-specialty clinic focused on excellent patient care, research and education.

In summer 2006, Carilion Health System began building a better way to take care of patients. Carilion's hospitals, employees, physicians and associated medical facilities will reorganize to form a new healthcare delivery system named the Carilion Clinic. Under the continued leadership of the organization's existing board of trustees, a new board of governors will manage the clinic. Of the eleven managing board members, eight will be physicians, and three will represent nursing and administration. The board's purpose is to coordinate all activities around a single goal: excellent patient care.

Carilion President and CEO Edward G. Murphy, MD, will chair the group of managing physicians. According to Murphy, despite excellent hospitals, skilled physicians and state-of-the-art technology, the traditional healthcare delivery system has not achieved the desired level of quality, excellence and accessibility for patients.

"The healthcare industry as currently structured is headed down a path that leads to higher cost and less value for patients," Murphy said. "Our goal, is to align our organization in a way that makes the patient's best interest our top priority."

After traveling the country and studying other health systems, Murphy and his management team developed a new healthcare delivery structure, based on principles embraced by world-renowned organizations such as the Mayo Clinic, Cleveland Clinic and the Lahey Clinic. The Carilion Clinic will focus on three areas; excellent patient care, research and medical education.

Early-stage planning for Carilion Clinic began this summer; implementation of the full clinic model is expected to take five or more years. Key steps in this time period include recruiting physician specialists from our region and across the nation to form a core multi-specialty clinic, building required infrastructure to support the clinic, and expanding Carilion Clinic's medical education and research departments. Research facilities are already being developed at Riverside Center on Jefferson Street in Roanoke, and the construction of the new outpatient facility will begin within the next year.

LYNN HALL COYNER '69

BY BRE SAWYER, COORDINATOR FOR ALUMNI RELATIONS

At first thought, alpacas may seem to have nothing to do with health care. But ask **Lynn Hall Coyner, '69**, if the gentle animals are relevant to her life as director of emergency services at Augusta Medical center, and she answers with a resounding "Yes!"

"My farm is really my respite, where I decompress and relax," says Coyner. On her farm in pastoral Middlebrook, she enjoys views of the Blue Ridge Mountains and a menagerie of animals that includes four dogs, four cats and 44 alpacas—an opposite setting from the daily stresses of a career in emergency and critical care settings. Budgets, operations, complaints all disappear when she returns home each day.

Coyner and her husband, Kenny, bought the alpacas in 1999 after searching for livestock that did not need to be slaughtered to gain a profit. The couple settled on alpacas since the animals are raised for their wool. "People who are allergic to a sheep's wool are not allergic to an alpaca's wool," she explains. The couple planned for the farm to become their retirement business, but the alpacas ended up helping her through the grief that was to follow. After 27 years of marriage, Kenny died in 2001 from cancer. "We had eight animals pregnant when he died, so I had to deliver eight babies by myself," remembers Coyner. "It kept me busy."

The connection between Coyner's love and care of animals and her desire to care for people becomes obvious when she explains how she became a healthcare provider: "As a child, I was always nursing pets. My grandfather was a doctor, and I was always interested in how bodies worked and how to fix them," she says. As a teenager, Coyner volunteered as a candy striper at the former King's Daughters Hospital in Staunton. When the time came to consider college, healthcare schooling seemed a natural fit for her. "I looked at other schools, but CHRVS (Community Hospital of Roanoke Valley School of Nursing) offered great hands-on experience and was not too far from home."

Coyner entered CHRVS in 1966 and, like most female students at that time, studied her profession while conforming to the strictest rules of etiquette expected of all young women. "There were a lot of rules then. We had to wear dresses to all meals; slacks were not allowed," she recalls. Strict curfews were enforced, and compliance was a priority. A testament to the changing standards

of nursing students at that time is Coyner's recollection that a classmate was one of the first nursing students to get married while still a student.

Coyner credits the rigorous structure of the program with helping her develop a sense of accomplishment and giving her an excellent clinical background. One instructor in particular, Corrol Trent, RN, MSN, made a lasting impression on Coyner as she encouraged the students to believe that they could accomplish anything they wanted. "I have the utmost respect for her," she says. "I was really shy when I went to nursing school and I learned to be more assertive in my three years there. I received a very good education."

Coyner has been a nurse manager for more than 30 years and has continued her education throughout her career. She graduated from Mary Baldwin College with a BA degree in thanatology, the study of death and its surrounding circumstances. Also, she has her MA degree in critical care from the University of Virginia and has completed a fellowship at UVA in ethics. One of her proudest career achievements has been her role in the reorganization of emergency room operations at Augusta Medical Center. She helped initiate changes in the registration process so that doctors see patients right away, and the emergency room works directly with the lab and x-ray departments to get test results quicker and patients in and out faster. Coyner's systems have even served as models for other hospitals whose administrators visit to observe the process. "I learned to speak up and offer my opinion in nursing school. So much information was restricted from patients back then—doctors felt that it kept patients from worrying if information was withheld from them. I learned to be an advocate for the patient while at CHRVS; patient care is very important to me."

Working her farm alone has meant a slower than expected growth in the alpaca business, but Coyner plans to concentrate on the alpacas full time once she retires from healthcare administration. As she pledged upon graduating from the nursing program in 1969, she has devoted herself to the welfare of those committed to her care. A well-deserved retirement on a beautiful farm amid the calming animals she loves seems just compensation for this lifelong nurse. ■

At printing time, Lynn Hall Coyner announced her well-deserved retirement as Administrative Director of Emergency Services at Augusta Medical Center. She will continue to serve as a consultant with the hospital on family issues and ethics.

[SPOTLIGHT ON ALUMNI]

TRICIA PATTERSON '79

BY BRE SAWYER, COORDINATOR FOR ALUMNI RELATIONS

When Tricia Patterson graduated from the Community Hospital of Roanoke Valley School of Nursing (CHRVS) in 1979, she knew that nursing was her calling, and she set out to take care of patients in the traditional hospital settings. However, she never dreamed that her degree would offer her the flexibility to work in numerous diverse settings, including the courtroom.

Patterson chose her school, studied the required courses to graduate and became a practicing registered nurse. After years of working at some of the finest hospitals in the southeast, she now knows that her degree offered her more freedom than she ever thought possible back in 1979—the freedom to travel and work wherever she desires, freedom to further her education under some of the best doctors and nurses in the U.S., and the opportunity to create a tailor-made career that fits her needs perfectly while still using her degree and still helping patients.

She grew up near Covington in Low Moor and still has family in the area. On the recommendation of an older friend who had gone to CHRVS, Patterson enrolled. As she recounts now, she wanted to go to a hospital-based program and was happy to find one that was close to home. "I was raised very traditionally. I knew I wanted to help others and I wanted a career that would work with being a wife and a mother," she says. Nursing met those requirements. Once in school, she realized nursing was not only a chosen profession but also her calling. "I can't imagine being anything other than a nurse now," says Patterson.

CHRVS evokes fond memories for her; two favorite instructors were Betty Jo Carter and Trish Conklin. "Ms. Carter taught Fundamentals of Nursing. I still re-

member learning to do bed baths and make beds. Ms. Conklin was the operating room instructor and was our senior class advisor." Patterson remembers life in the dorms as full of fun and friendship. "After clinicals, everyone would go to Laura Kellison's, Jamie Slaughter's, and Karen Wingate's dorm room to watch soap operas. And when it snowed one winter, we snuck the plastic cushions out of the dorm lounge to use to slide down the hill in Elmwood Park."

After graduation from CHRVS, Patterson's first job was working in the pediatric unit at University of Virginia Hospital. After the first week in the rotation, she realized she had found her place and wanted to be a pediatric nurse and practiced there for several years. Later, she moved to Richmond and worked at St. Mary's Hospital and then MCV Hospital where she practiced in the pediatric intensive care unit.

In 1986, she moved to Atlanta to work at Eggleston Hospital for Children, a teaching hospital affiliated with Emory University, as a pediatric cardiac ICU nurse. Patterson enjoyed her time then with a staff of outstanding doctors and nurses and later with Texas Children's Hospital in Houston, where she worked briefly.

One day, she read an article in a nursing magazine that highlighted the ways legal nurses work to help clients and attorneys interpret and analyze medical records and situations; the article struck a chord, and immediately she knew she had found a way to continue to practice while creating her own specialized niche. She enrolled in an extensive legal nurse training course through the Vickie Milazzo Institute, based in Houston, Texas, and became certified in 2004.

As a legal nurse consultant, Patterson now works with attorneys and sometimes insurance companies desiring the profes-



Courtesy photo

sional opinions of a nurse. A typical work day might include organizing huge stacks of medical records, offering opinions on what went wrong or, just as often, what didn't go wrong. "A nurse is used to reading charts thoroughly, and attorneys find this invaluable. They want to hear my opinion on the case," says Patterson. "Often, I find little details or discrepancies that shed a different light on what actually happened to a patient." In addition to the analysis of records, she writes summaries of the plaintiff's health care which she gleans from those same medical records. Usually, the records come from numerous sources such as hospitals, doctors' offices, and ambulance records.

Patterson's work offers her the additional challenge of serving as not only nurse but also businesswoman. While some legal nurse consultants work with a law firm, she prefers to have her own consultancy. "As a nurse, I was used to my clients coming to me," she says. "In order to manage a business, I have had to learn about marketing and how to manage a business, but this has been an exciting opportunity for growth."

For Patterson, a career in nursing is her passion and calling in life. With love and skill—and creativity—she has created the perfect career for herself and demonstrated the flexibility of a degree in nursing. "While I miss bedside nursing," she asserts, "I am truly blessed and thankful to have begun this new career in nursing." ■

FACULTY PROFILE



LINDA RICKABAUGH RN, MSN

PHOTOS BY IAN BRADSHAW

By DIANE HAILEY, COORDINATOR FOR COMMUNICATIONS AND COLLEGE RELATIONS

It's October 2, 2006 and Linda Rickabaugh is leaving soon with her husband and twelve other members of the Friends

of Barnabas Foundation for her third 9-day volunteer service trip to the mountains of western Honduras. She's excited and eager. The 28 duffels are packed with

over 1,300 pounds of medical supplies to set up health clinics in the region hardest hit by Hurricane Mitch over ten years ago. The foundation volunteers

provide medical care, eye exams and health education. They also give parasite treatments, medicine and eyeglasses to those in need. "There is definitely a spiritual component to this experience," she explains. "Team and patients minister to each other in body, mind and spirit. We are not sure who are more blessed by it," says Rickabaugh. "Honduras has been one of the most physically and emotionally draining experiences of my life but undoubtedly one of the most fulfilling," she continues.

Rickabaugh's career began in Anchorage, Alaska, where she practiced as a school nurse and hospital staff nurse while her husband, Dean, was serving in the Air Force. They came back home to Roanoke in the '70s and she practiced at Roanoke Memorial Hospital as a staff nurse. While there, she met Sarah Luster, director of nursing for the hospital and director of the RMH School of Nursing. A teaching position was extended and so began Rickabaugh's teaching career. "I was young then and actually covered the 'whole house'— all the students who were rotating through night duty," she recalls.

In 1983, Corrol Trent, nursing program director at the College of Health Sciences, made her an offer she couldn't refuse. Rickabaugh was hired not only to teach medical-surgical nursing but also to help develop the curriculum for the Colleges' new associate degree nursing program.

"The College never rested on its laurels as a two-year nursing and allied health school. From the beginning, we had the vision of bringing in new programs and broadening our scope of education. Being a part of starting new nursing programs, like the LPN Mobility program and the RN-BSN program, is still something I'm very proud of. I think beginning new programs and having a successful accreditation process

gave us the confidence to do more," Rickabaugh reflects.

In her personal journey, God began to call her six years ago to change her priorities and put His work at the top of the list. She was busy as associate degree program director, planning curriculum, teaching and advising students. After



"We focus on preparing students to be healthcare providers and to be compassionate."

more than 30 years of nursing practice, she was challenged by God to use her remaining years in nursing in a ministry as opposed to a career. She became involved with parish nursing, or faith community nursing, and also with end of life nursing education.

Parish nursing is nursing within a faith community setting to facilitate the health,

healing and wholeness of the members of that community and the greater community. "I have been able to incorporate training on care at the end of life into my parish nursing, into teaching at JCHS and into community work through the Palliative Care Partnership of the Roanoke Valley," she explains. Facilitating an ongoing grief support group at her church is a highlight of her community service.

Nursing education has changed in the past 25 years. "Contemporary nursing is about maintaining a focus of caring in the face of stark reality," explains Rickabaugh. It is the responsibility of nursing faculty mentors to convey this to students. Modern nursing students are challenged to internalize nursing values in addition to gaining new knowledge and skills. Today's students are more likely to be married or single parents with full-time jobs and caregiving responsibilities in addition to a full time schedule of classes and clinicals. "Nursing students need more resources and support so that they can focus more on the excitement of learning, instead of the exhaustion of learning," says Rickabaugh.

She describes her almost 25 years at Jefferson as interesting and exciting. From the beginning, she says, Jefferson was a family, with all the benefits and burdens. Rickabaugh believes that college faculty have always had the unique opportunity to draw from the strengths of one another's expertise because of Jefferson's interdisciplinary approach to healthcare education.

To Rickabaugh, Jefferson stands out for its unique purpose. "We focus on preparing students to be healthcare providers and to be compassionate," she says. "These priorities appeal to faculty who value the human aspect of teaching—guiding the future of health care, one nurse at a time." ■



25 YEARS

Trace the roots of any Jefferson College of Health Sciences program back to its inception, and what do you find?

You'd probably find students and faculty dedicated to creating a collaborative environment with hands-on learning experiences. In 2007, the respiratory therapy program at Jefferson will celebrate the 25th year since admitting its first class of RT students and is the perfect example of such high standards for program development. BY BRE SAWYER, COORDINATOR FOR ALUMNI RELATIONS

The class of 1984 RT students came from various healthcare backgrounds and “leaned on each other to make it through the rigorous program,” remembers **Mike Klaiber, '84**. Cooperative study sessions—sometimes during commuting time—and time spent practicing RT techniques on one another were the norm. **Jim Cloe, '84**, remembers that, as a father and working husband, the only time he could study was in the car ride from New River Valley to Roanoke—often being driven by fellow students **Kim Roe, '84**, or **Lisa Kazmer, '84**. In addition to carpooling, the students found other opportunities to get together, like dinner at Steak and Ale and post study-session relaxation at Down the Hatch or the country house of **Gordon Blake, '84**.

In 1982, when the program opened, excitement ran high among students and faculty who were, in a sense, creating the program as they went along. Neonatal training was held at Bowman Gray Hospital in Winston-Salem, NC, where Program Director Paul Lemons had received his RT training. Students lived in Wake Forest University student housing and attended clinicals at the hospital. Cloe says, “I remember Gordon and I were very excited about clinicals—we would tear to the front of the line to be the first to practice on the others during the intubation rotation.”

Back in Roanoke, RT students and faculty worked hard to outfit the campus lab with current equipment. Because RT machines are some of the most expensive used by allied healthcare providers, they often had to rely on donated gear from various hospitals and manufacturers to have state of the art equipment.

The hard work solidified the group, and that sense of camaraderie was strengthened by, what was then, standard procedure—using each other for practice

and testing. “I still remember **Connie (Nakhle Hurley '84)** ventilating me with an old iron lung,” Klaiber recalls. “Our first ABG (arterial blood gas) sticks were attempted on one another, and it was a harrowing experience for most folks,” says Cloe.

“It was quite common to draw blood from a lab partner 15 or 20 years ago. However, with liability concerns, we are unable to practice this way anymore. We now use an artificial arm that has a bulb syringe that simulates the blood pressure,

In 1982, when the program opened, excitement ran high among students and faculty who were, in a sense, creating the program as they went along.

and the students draw with a standard syringe,” assures current JCHS Clinical Coordinator of Respiratory Therapy, Chase Poulsen.

Respiratory therapy has changed over the years. It was founded more than 50 years ago by oxygen technicians and physicians who saw the need for respiratory specialists. New technology was emerging after the world wars, and skilled practitioners were critical for using and maintaining the equipment properly.

“We were constantly wrestling with those old machines,” recalls Cloe, “and all students had to learn how to completely take apart and put back together

the equipment. In fact, we had to know the theory behind how and why each machine operated the way it did.” Tests intended to stump the student on the mechanical workings of the machines were given on a regular basis. Students had to determine what part of the equipment was missing or what piece was in the machine that should not be there—all for a grade. Today's respiratory therapy students use equipment that is smaller, more efficient and better made.

Today, there is a better understanding of the range of skills that respiratory therapists provide in their practice. “We are not called inhalation therapists anymore,” says Klaiber with a smile. There are more avenues available in respiratory therapy departments that were not available in the seventies and eighties. The profession has grown and is now nationally recognized as a leader in respiratory disease treatment and management.

The class of 1984 laid the foundation for the outstanding respiratory program that exists at JCHS today. “Looking back at the group we had, we were so close and had so much fun studying what we were studying,” says Roe. The class of '84 offers current students an admirable and extraordinary example of teamwork and determination—and excellence in healthcare education. ■

Plans are underway for an RT Class of '84 reunion in the spring of 2007. If you know the whereabouts or married names of any of the '84 graduates listed below and flagged with a star, please contact the Alumni Relations office at 540.224.4644 or alumni@mail.jchs.edu.

Paul Lemons	Mike Klaiber
Cheryl Ayers	Amy Martin Marsico
Randolph Baynton	Michael McCollum*
Gordon Blake	Connie Nakhle Hurley
Jim Cloe	Jamie Ribble
Debra Davis*	Kim Roe
Lisa Kazmer*	Vickie Trevilian Hawkins

[CLASS NOTES]

[CLASS NOTES]



ABOVE

Allen "Mac" Snead, EHS, '94, '99, and wife, Stella, enjoy the annual Alumni Picnic in the Park at the Salem Avalanche.

LEFT

Jordan Snead

WINTER 2006

This issue of the *Jefferson Chronicle* contains class notes received through October 31, 2006.

Alumni from every class and program can report their news in each issue of the magazine. Mail or email photos to the addresses listed below; be sure to include your name, address, graduation year and program of study in your correspondence. Electronic photos need to be 300 dpi and no smaller than 4x6 inches and saved as .jpg or .tif files.

Send news and photos to alumni@mail.jchs.edu or to

JCHS Alumni Relations Office
PO Box 13186
Roanoke, VA 24031-3186
Fax (540) 224-4562

Please report weddings, births and deaths to the address above.

1960s

Linda Gochenour Smithson, CHRVSON, diploma, '69, of Knoxville, TN, is a clinical specialist for surgical services at East Tennessee Children's Hospital. She has three daughters and two granddaughters. Linda received her BSN from East Tennessee State University and an MSN from University of Tennessee while working full time. After practicing as a nurse for 38 years, she plans to retire in three years.

1970s

Gail Compton Minter, CHRVSON, diploma, '72, resides in Florida. She has been practicing part time at a small, low-income, assisted-living facility. Gail operates the facility's staff education and CPR training programs.

Lois Payne Spencer, CHRVSON, diploma, '72, of Northern Neck, is curious about her classmates and hopes they will send updates to the *Jefferson Chronicle*. She moved to the northern neck of Virginia in 1992 and plans to stay there—her home is on the Yeocomico River. Lois has been a home health nurse for the past 20 years and plans to retire in two to three years. She and her husband enjoy traveling, dancing, boating, spending time with friends and having two grandchildren. They have a Boykin Spaniel named Abbo. Lois stays in touch with **Judy Conner Knowles, '72**, who lives in Santa Barbara, CA.

Marcia L. Kiser, CHRVSON, diploma, '73, of Little Torch Key, FL, has retired from nursing at Fishermen's Hospital in Marathon, FL. Marcia would love to hear from old classmates.

Trisha Crockett, CHRVSON, diploma, '74, practiced at Roanoke Community Hospital for almost 15 years in staff nurse, assistant head nurse and head nurse positions. She owns Classic Image Day Spa in Roanoke. Trisha employs nurses to provide most of the skincare and electrolysis services. She would love to hear from any of her classmates.

Denise Lopez Morales, CHRVSON, diploma, '76, of Sarasota, FL, married in 1987 and has two children: Christopher, age 16, and Laura Ann, age 15. Denise worked in surgery and post surgical nursing and eventually became surgical nurse manager. After having children, she went into quality assurance and utilization review for a short time, taught in a LPN program and then started working contract work doing home health visits. She moved to Sarasota in 2000 and has not worked since, although she hopes to begin work with hospice in the near future. She says hello to all of her classmates from 1976.

Tricia Terrell Patterson, CHRVSON, diploma, '79, owns Patterson Legal Nurse Consulting (www.ttplegalnurse.com) in metro Atlanta. She works with attorneys on medical-related cases as an independent consultant. She and husband Gene have been married for over 18 years and have two daughters: Emily, age 16, and Meredith, age 14.

1980s

Lynne Georgevich, CHRVSON, diploma, '80, has three daughters: Carly, age 15; Alyssa, age 13; and Jordan, age 13. Lynne practices part time as a school nurse.

Karen Kreger, CHRVSON, diploma, '83, of Amelia Island, FL, relocated to northern Florida to be closer to family after 18 years in Richmond and 16 years at the VA Medical Center. Karen practices in the SICU at Shands of Jacksonville, a Level I trauma center affiliated with the University of Florida.

Jim Cloe, RT, '84, writes that he is a grandpa now. He has worked for Carilion Technology Services Group since late spring 2006.

Glen Mayhew EHS, '85, '87, has earned a doctorate of health sciences from NOVA Southeastern University. He is chair of the community health sciences department at Jefferson and serves as director of the EHS-Paramedic and Fire/EMS Technology programs.

Julia White Santos, ADN, '85, of Wilmington, NC, practices in a Level III NICU that she says is very busy all the time, especially during the summer months with vacationers who have their babies unexpectedly. Julie also practices in the home health field two days a week and enjoys the change of pace that home health offers her from the hospital setting. She and her husband rescue cocker spaniels; currently, they have four of them. Julie hopes to hear from her old classmates.

Kenneth Lance Bryant, EHS, '87, is a general surgeon in private practice in Ohio. Kenneth has been in practice for eight years, and has four children: three boys and one girl. His two oldest children are a freshman and a sophomore in college.

Lawrence Weikel, EHS, '87, works as sergeant for Greenville County, South Carolina EMS, is a member of the helicopter emergency rescue team, and is a member of the Greenville County

Rescue Team for confined space, collapsed structure, swift water and remote rescue. Lawrence married **Elizabeth Martin, PTA, '91**. They have a little boy named Garrett.

Sherry Honaker Bess, ADN, '89, of Covington, has worked for Highlands Home Health for two years. Sherry claims her first love is still labor and delivery, which she hopes to return to in the near future. She would love to hear from any classmates.

Camille Higgins Duncan, ADN, '89, practices with Carilion Medical Group in a cardiology office in Lexington.

1990s

Vickie Chitwood, RT, '90, is a full-time clinical instructor for the respiratory therapy program at Rockingham Community College in Wentworth, NC.

Audrey Gabbard, ADN, '91, has been living in California and practicing as staff nurse for a church camp there in Felton.

Elizabeth Martin Weikel, PTA, '91, is facility director in an orthopedic outpatient clinic in Traveler's Rest, for Benchmark Medical. She received her master's degree in physical therapy from the Medical University of SC.

Joe Crawford, RT, '92, of Simi Valley, CA, is as a programmer/analyst and runs various websites. Joe hopes to hear from fellow classmates.

Rebecca Duff, PTA, '93; HOM, '01, earned her master's degree in education from Virginia Tech in August. Her degree has an emphasis in health and physical education.

Jo Ann Deel Henry, ADN, '93, graduated from Marshall University with a master of science in management and healthcare administration. Jo Ann is employed with Abbott Laboratories as a renal care specialist practicing in the Tidewater area. She expects her first grandson in late 2006.

Krista Hughes, PTA, '93, enjoys practicing in the field of physical therapy and presently specializes in aquatics and outpatient rehabilitation. Krista would like to wish the JCHS staff and students the best of luck with their studies and work.

Mark Manetta, RT, '94, married Martha Jean Witmer in 2002. They have a 16 month old son, Aaron Gabriel, and a baby on the way. Mark currently works as a respiratory therapy shift supervisor at Rockingham Memorial Hospital in Harrisonburg. He is working on his MBA from Eastern Mennonite University.

Jeff Sarabok, ADN, '94, practices as a care manager for the University of Pittsburgh Medical Centers. Jeff was recently appointed to the alumni advisory board of his other alma mater, Penn State. He is nearing completion of an MBA at Waynesburg College and plans to graduate next spring. He lives outside of Pittsburgh with his wife and two children: Suzy, age 12, and Tom, age 8.

Jennifer Watson, ADN, '94, moved to Texas shortly after graduation and practices in the cardiovascular ICU at Harris Methodist Fort Worth Hospital, which received magnet recognition two years ago. Jennifer encourages all nurses to seek out magnet hospitals. She loves her job and feels she was well educated at Jefferson College of Health Sciences. She works in a new 100-bed cardiac tower, trains new nurses, has completed her CCRN, and is certified in IABP and CRR. Watson and her husband have two children.

Melinda Gayle Boyette, ADN, '95, practices for Mountain Hospice. She and her husband have one child left at home who is four years old. They love snow skiing and live minutes from Snowshoe Ski Resort. Melinda would like to hear from fellow classmates and to get a copy of the class photo, which was lost when their home was destroyed by fire in 2005. She invites fellow alumni to visit her website: www.pleasantvalleyfarms.net

Leslie Cash, EHS, '95, is a patrolman for the Greene County Sheriff's Department. In June 2002, he was promoted to patrol supervisor and assigned to the SWAT team as a medic, and in 2003 he was promoted to first investigator, corporal rank and then sergeant rank. In 2004,

Leslie was trained as a tactical medic through the Virginia Office of EMS and has maintained active status with the National Registry since 2001. He has proposed bills to the Virginia Legislature that have assisted in closing loopholes in sexual assault laws aimed to protect the mentally and physically impaired. Leslie and his wife of thirteen years, Bridgette, have a two-year old daughter named Taylorann Elizabeth. He has kept in touch with some classmates, visited campus several times and looks forward to hearing from more friends from college.

John Williamson, ADN, '95, has practiced in several different areas of nursing and has continued his education by receiving an MBA. John works in the Carilion Technology Services Group.

Judy Watrous Zeller, ADN, '95, of Catawba, obtained her BSN from the Medical College of Virginia in 1996, her legal nurse consultant certification in 2003 and her MBA in healthcare management in 2005 from the University of Phoenix.

Christopher Howell, EHS, '96, practices in Winchester as a cardiology physician assistant. He graduated from Radford with a BS, Shenandoah University with an MS, still serves as a paramedic and occasionally lectures to both paramedics and physician assistants.

Lesley Wert Nicely, OTA, '96, recently married Casey Nicely. Lesley has practiced for Carilion for eight years and is currently at New River Valley Medical Center in outpatient therapy.

James Voltz, PTA, '96, is employed by Rehab Management, Inc., based in Richmond. James works for the Colonnades I.L., A.L., SNF facility in Charlottesville and has been practicing as an LPTA for 10 years. He is considering a travel position so that he can explore the United States while working as a PTA.

Carla Crowley, ADN, '97, is enrolled in a BSN program and expects to graduate in May 2007. She practices at a LTAC hospital in Charleston, SC, as an acute hemodialysis nurse/staff RN. She has a bichon frises named Lexie, a rabbit named Bailey, and a lovebird named Gizmo.

Robert Geddens, PTA, '97, is practicing as a civilian physical therapist at Fort Jackson, SC.

Linda Merat, PTA, '97, has been employed at Centra Health in the acute care hospital since graduation. Most recently, she has focused on the intensive care area, including the pulmonary

unit. Linda enjoys her practice with ventilator patients while they are being weaned and helps restore their hopes of being mobile once again. Her specialty is wound care management in which she has two certifications: wound care certification from the National Alliance of Wound Care in 2004 and certified wound specialist from the American Academy of Wound Management in 2006.

Melissa Savage, PTA, '97, works on the Eastern Shore of Virginia as a home health PTA for *Intrepid USA* where the large number of retirees keep her busy at work. Melissa is married and has two children. She says her company is hiring full-time physical therapists.

Sara Brown Thacker, PTA, '97, has been living in Indiana since May 2001. She and her husband had a baby girl in April 2006. Sara enjoys practicing in a rehabilitation hospital in Indianapolis and encourages fellow alumni to look into current job openings in the area. She is very interested in seeing fellow classmates sometime soon.

Bonnie Black, PTA, '98, met all of the eligibility requirements for the American Physical Therapy Association's Recognition of Advanced Proficiency for the Physical Therapist Assistant in musculoskeletal physical therapy.

Carissa Crawford, OTA, '98, of Charlotte, NC, works at Northeast Medical Center in Concord, NC.

Vanessa Harold Eggleston, OTA, '98, joined with four other therapists in Martinsville to start their own business. Two years ago they opened Therapy Direct and now have two outpatient locations and a contract at a small hospital. If anyone is interested in working in the Henry County area, call her at 276.632.5281.

Kevin Kissner, EHS, '98; HCM, '01; BSN, '03, of Roanoke, practices as a flight nurse with Carilion Life-Guard. Kevin is married and has two children.

Kristin Stenzel Orendorf, ADN, '99, of St. Simons Island, GA, practices in the PACU of an outpatient surgery center. Currently, Kristin is working on her master's degree for FNP.

Debra J. Price, HSM, '99, is marketing director for one of South Florida's largest Medicare home health care companies. Debra serves on the board of directors for the Broward HomeBound program at North Broward Hospital and is very active with local charity fundraisers. She and her husband travel when they have time and are currently preparing their youngest son for law school.



Send us your new baby photo and we'll send you a Jefferson baby bib!

Email digital images (300 dpi) to bvsawyer@jchs.edu or mail to PO Box 13185, Roanoke, VA 24031

Births



Sherri Chaney, ADN, '01 with her baby, Alexandra Chaney.

Martin Quinn Savage, August 28, 2006, to **Melissa Martin Savage, PTA, '97**

Ashlyn Clare Thacker, April 4, 2006, to **Sara Brown Thacker, PTA, '97**

Corey Alexander Shaw, July 25, 2005, adopted by **Jamie Morgan Shaw, EHS, '99**

Kamryn Elizabeth Stone, March 2006, to **Marci Stone, EHS, '00**

Alexandra Chaney, March 25, 2006, to **Sherri Chaney, ADN, '01**

[CLASS NOTES]

Jefferson Alumni Concentrating on Clinical Lab Sciences

Candelario Zerna, '06, was the first graduate of the College's 3+1 clinical lab sciences program. This program is a combination of a bachelor of science degree plus preparation to sit for the ASCP certification exam. The College is affiliated with Carilion's School of Clinical Laboratory Sciences, where many students have worked in clinical rotations. **Ashton Chevalier, '05**, graduated with a bachelor of science in biomedical sciences and was accepted into the School of Clinical Laboratory Sciences at CRMH. He graduated from that program in June 2006. Both Zerna and Chevalier now work for Carilion Consolidated Laboratories as clinical lab technicians.

Debra says that her life is good and she owes that partly to her education at Jefferson College.

Trina Copley Rowe, PA, '99, of Bristol, TN, married Chris Rowe in 2000. They have a baby boy named Holden who was born in June 2006. She works in pharmaceutical research by monitoring clinical trials for pharmaceutical companies and the FDA and is the proud aunt of Amber Copley, former Miss Virginia Teen USA 2003 and current Miss Virginia USA 2006.

Jamie Morgan Shaw, EHS, '99, adopted her first child, Corey Alexander Shaw on July 12, 2006 from the region of Nizhiny Novgorod, Russia. "Alexander" is the name he was given in Russia and "Corey" is the name of Jamie's brother who died in the line of duty in a firefighting-related accident at the age of 16.

2000s

Marci Stone, EHS, '00, is emergency management coordinator for Lewis-Gale Hospital. Marci has a new baby daughter, Kamryn Elizabeth, born in March 2006.

Kristi French Canode, ADN, '00, of Roanoke, has practiced on 11-West Carilion Roanoke Memorial Hospital Medical-Surgery floor since graduation. Kristi married Greg Canode in 2003.

Jessee Overbey, PTA, '00, met all of the eligibility requirements for the American Physical Therapy Association's Recognition of Advanced Proficiency for the Physical Therapist Assistant in musculoskeletal physical therapy.

Bobby Payne, RT, '00; ADN, '03, of Roanoke, currently practices in the MSICU at Carilion Roanoke Memorial Hospital.

Lindsey Brashears Snider, PTA, '01; AT, '03, is the rehab program coordinator/LPTA at Shenandoah Valley Health Care Center for Aegis Therapies. She covers sporting events at Washington and Lee University and Perry McCluer High School as a certified athletic trainer. Lindsey married in 2003 and has a son, John Edward Snider, IV.

Angela Galvez Gunter, OTA, '02, practices at a pediatric facility in Danville. She and her husband are expecting their first child in January 2007.

Rob Blevins, EHS, '03; ADN, '04, of Marion, is lead nurse in Smyth County Community Hospital's emergency department and still practices as a paramedic. He and wife Michelle are expecting their first child.

Rebecca Barksdale, PA, '04, works in occupational medicine at a drug research company in Research Triangle Park, NC, and works part time at an urgent care center.

Christopher Roberts, ADN, '04, of Virginia Beach, practices in the emergency department at Virginia Beach General, a Level II trauma center.

Shirley Witt, ADN, '04, practices as a nurse supervisor at Bedford Memorial Hospital.

April Conner Hudson, PTA, '05, is a physical therapist assistant with Lucas Therapies in Salem.

Renee Petren, OT, '05, is an occupational therapist in Northern Virginia for a skilled nursing facility. Renee says she loves her job and cannot imagine herself in any other career.

Cynthia J. Ramsey, BSN '05, practices at Carilion Franklin Memorial Hospital (CFMH) in the OB-GYN unit as a clinical team leader.

Kelsey Taylor, PTA, '05, practices full time at Avante Nursing and Rehabilitation and part time at Blue Ridge Therapy Associates and enjoys both very much. She recently bought 10 acres of land and plans to build a house there in the next few years.

Magen Arthur, PTA, '06, graduated in May 2006 from the PTA program with magna cum laude honors. She passed her licensing exam in June and practices at Heartland Rehabilitation Services in Salem. She thanks the faculty and staff of JCHS for all the time and effort they put into each and every one of their students. Magen plans on attending Daniel's Institute of Massage/Body Sense and Day Spa in January.

Jean C. Boone, ADN, '06, graduated in May and passed board exams in June, 2006. She works for Carilion in the NICU on the 6th floor, three 12-hour night shifts per week, and enjoys her work.

Steve Bowdel, PA, '06, practices as an orthopedic PA at Carilion Clinic.

Holly N. Eggleston, OTA, '06, practices as a certified occupational therapy assistant in Lynchburg at the Center for Pediatric Therapies, Inc. Holly still dates her high school sweetheart, Ryan Carlton, who plans to join the Air Force as a medical laboratory technician early 2007.

Charles Meldick, ADN, '06, passed the NCLEX on the first attempt and has taken a position at Bertie Memorial Hospital. He enjoys work as a staff nurse in the emergency department.

Chris Price, RT, '06, is a certified respiratory therapist at Twin County Regional Hospital in Galax.

Tanya Sigmon, PA, '06, currently practices at the Brambleton Road location of Carilion Family Medicine.

Lisa Snead, BIO, '06, teaches life science to 7th graders at Westwood Magnet Middle School in Danville and takes graduate science courses at Radford University.

Lisa Williams, AS, '06; PTA, '08, of Blacksburg, practices as a rehabilitation aid at Carilion Roanoke Memorial Hospital.

WEDDINGS

Kevin Wiseman, RAD, '03, to Kayla Morgan, March 12, 2005

Brooke Whitehead, ADN, '03, to William Carnevalli, September 10, 2005

Haley Akers, PTA, '05, to Jesse Cook, January 7, 2006

Matthew Scott Shortt, PA, '07, to Kristin Melissa Ball, June 24, 2006

Amanda Combs, ADN, '07, to Christopher Ryan Mullins, August 12, 2006

IN MEMORIAM

Dr. James Norman Babione, PA, '04, of Roanoke died July 21, 2006. Dr. Babione was a retired chiropractor and practiced as a physician assistant.

Erika Michelle Jones Nash, EHS, '98, of Fork, S.C., died September 4, 2006. Mrs. Nash was a cardiac monitor technician in Conway.

Class Notes Key

JHSON: Jefferson Hospital School of Nursing

L-GSON: Lewis-Gale School of Nursing

CHRVSON: Community Hospital of Roanoke Valley School of Nursing

NEW GRANT WRITER SPECIALIST LORI HULAK



Photo by Danylle Arnold

I am the new grant writer for Jefferson College of Health Sciences, and I have been involved in grants and research administration since graduating from Brandeis University in 1988. During the past two decades, bench to bedside, or translational, research has become an international focus in health care. At the same time, compliance and regulations have become more stringent to ensure integrity. I joined

the College in May of 2006 after working at Children's Health Investment Partnership (CHIP) since my arrival in Roanoke in 2005. The world of external sponsored projects has changed dramatically in the past decade and now encompasses many facets critical to the strategic direction of JCHS. My role at JCHS will include identifying outside funding to improve instruction, implementing evidence-based practice learning and developing community partnerships that impact patient care in Southwest Virginia.

Prior to coming to Roanoke, my husband and I and our two little girls lived in Bermuda for nearly three years, where I was involved with the Bermuda Biological Station for Research, helping the management team write and implement research-related policy and procedures. A Boston native, I am a born and bred Yankee, and my blood runs bright red, as in Red Sox, and I'm a lifelong Patriots fan. Between Brandeis and Bermuda, I worked with the Harvard Medical School, Joslin Diabetes Center and Brown University School of Medicine academic, research and training systems. I have had the pleasure of supporting postdoctoral fellows and junior faculty beginning their academic and research careers, as well as Nobel Laureates and Howard Hughes Investigators. I have experienced the great satisfaction of assisting with the laborious process of submitting federal grant applications, having them funded and seeing the results. I now enjoy working with the students and faculty at JCHS across the health science disciplines.

This is an exciting time to join Jefferson College. There is tremendous growth occurring on campus and in the academic programs. The future of the College is bright, and I am thrilled to be part of the team.

Sincerely,

LORI HULAK

CARILION FOUNDATION SELECTS JEFFERSON FOR AWARD

By DIANE HAILEY, COORDINATOR FOR COMMUNICATIONS AND COLLEGE RELATIONS

The Jefferson College of Health Sciences Physician Assistant (JCHS PA) program will bolster its healthcare work in Southwest Virginia with a \$155,898 operating grant from the Carilion Foundation. The money will be used to extend the community medicine rotation, Caring for Communities, to Carilion Giles Memorial Hospital (CGMH).

Caring for Communities is an educational medical program that reaches residents of communities in Southwest Virginia. Southwest Virginians suffer from higher than average rates of cardiovascular diseases, pulmonary diseases, arthritis, cancer and other chronic diseases. Caring for Communities brings health education and disease management skills directly to residents via schools, senior citizen centers, churches and other areas of congregation.

The funding from the Carilion Foundation provides significant assistance to the program for two years, including salary and operating support, creating an educational infrastructure to be sustained by future Jefferson PA student rotations. CGMH will be a permanent rotation site for Jefferson physician assistant students.

Project manager for the grant is JCHS PA Program Director Wilton Kennedy, PA-C. Coordination of the daily activities will be led by JCHS Campus-Community Coordinator Vickie Bierman, RN, FNP. Grant administration is an important component of the grant process, and Kennedy is known for overseeing educational healthcare programs that thrive. His continuing work with PA students' partnership with Kuumba, a community health center located in Roanoke, has gained the program national media attention.

The Carilion Foundation grant lends even more credibility to the already highly regarded JCHS program. "Once a program begins to receive really substantial grant support like this, it gets the ball rolling for more opportunities," said Kennedy. "Grants of this size are critical for the development of innovative programs that keep services available for the community," he continues. Increasing cutbacks in health care at the state and national level makes financial support from the private sector all the more crucial. "Private foundations like Carilion Foundation can help sustain local communities and keep the level of service to people who need it most," said Kennedy.

The Carilion Foundation dedicates resources to projects that demonstrate innovation, improve access to healthcare services, educate and motivate individuals to improve their health and enhance overall quality of life.

"In order to support Caring for Communities over the long term, we must use these two years to implement strategies that will ensure a long life for this program. As a teaching tool, Caring for Communities has a lot of value for JCHS and for our students," said Kennedy.

Caring for Communities addresses the need to help people maintain and improve their health. This need will only become stronger in the coming years. Establishing the program will increase the quality, availability and effectiveness of community-based educational programs designed to prevent disease and improve health.

MODERN-DAY JEFFERSON BUILT ON FOUNDATION OF FOUR INSTITUTIONS

BY DIANE HAILEY, COORDINATOR FOR COMMUNICATIONS AND COLLEGE RELATIONS

Jefferson College of Health Sciences was founded in 1914, as Jefferson Hospital School of Nursing. Jefferson Hospital had opened in 1907, under the leadership of Dr. Hugh Trout, Sr., and was located near the corner of Franklin Rd. and Walnut Ave. in southwest Roanoke. After just a few years, Trout needed more nurses to fill his already acute nursing shortage, and the School of Nursing was born. Roanoke, at the turn of the century, was a railroad boom town, tripling its population in just two decades. By 1914, the city, described as “jammed with Yankee capitalists, English investors and home-grown Southern entrepreneurs looking to make a quick dollar in land,” was topping 75,000 residents.

Roanoke was a true representation of the New South, with one in six Southerners living in a town or city. Hospitals were considered proof that a city was truly progressive and modern, as the doctor on horseback was a symbol of rural ignorance. Roanoke, like many cities, had several hospitals within its borders, including Lewis-Gale, the St. Charles, Shenandoah, Gill and Roanoke. Neighborhood hospitals, just as the neighborhood grocers, were the norm as transportation was limited and kept a person’s world within a short radius.

In the early 1900s, standards for nursing education in the U.S. were still being set, but Trout was determined to fill Jefferson Hospital with nurses who were well trained and who cared for people. Trout’s diploma nurses, according to his daughter Alice Trout Hagan, were the pride of his career. “Jefferson Hospital was vital to southwest Roanoke, and he loved building a great hospital, but he was especially proud of his nurses,” says Hagan. Between 1914 and 1965, Jefferson Hospital School of

Nursing trained 658 nurses.

The time period between 1900 and 1950 saw an explosion of medical advances. Better medical treatment on the battlefields during both world wars meant that more soldiers were surviving wounds and being brought stateside for long-term care. Hospitals were scrambling to train as many nurses as possible. Around the same time as the development of Jefferson Hospital, Dr. James Newton Lewis and Dr. Sparrell Simmons Gale were initiating their own vision of health care for the Roanoke Valley. In 1909, they founded Lewis-Gale Hospital in downtown Roanoke, and in 1911, the Lewis-Gale School of Nursing was born.

In the 1950s, nursing education began to move toward the associate and baccalaureate degrees. Nurses in training began taking college courses and clinical studies to hone their skills, instead of enrolling in the diploma model’s hospital apprenticeship programs. This change in the model of education helped standardize practice across the nation.

In the 1960s, a proliferation of new practitioners emerged, some in hospitals, but many on college campuses. Physical therapist assistants, occupational therapy assistants, respiratory therapists, and other groups allied with nurses were receiving two-year degrees.

In 1965, it was decided that the Lewis-Gale School of Nursing and the Jefferson Hospital School of Nursing should combine under the direction of the new Community Hospital of Roanoke Valley (CHRV). This merger led to the formation of the CHRV School of Nursing.

By the late 1970s, allied healthcare education was taking place almost exclusively on community college campuses and no longer in hospitals. At that time, several administra-

tors at CHRV wanted to combine the benefits of healthcare education within the hospital environment and the value of degree programs. Then in 1980, a task force led by CHRV President William Reid and Dr. Jerome Cohen investigated the possibility of establishing a hospital-based college that would grant two-year degrees in nursing and allied health areas. In 1981, the Community Hospital Board of Trustees made a commitment to such a school, and in 1982 the CHRV College of Health Sciences was established.

Reid led the college as its first administrator and still serves as a valued member of the College’s board of directors. Since 1982, the College has had only two presidents, President Harry Nickens, EdD and current President Carol M. Seavor, RN, EdD.

The College has expanded its program offerings greatly over the past 25 years. Its accreditation by the Southern Association of Colleges and Schools (SACS) expanded to bachelor’s degrees in 1995 and to graduate education in 2005. Jefferson now houses 16 associate, bachelor, and master of science degree programs, exclusively in the health sciences, including Virginia’s first physician assistant program and the Commonwealth’s oldest occupational therapy assistant program.

While Jefferson was founded as Jefferson Hospital School of Nursing almost a century ago, the College celebrates 25 years of degree-granting status in 2007. A year-long schedule of events will be held to honor the vision of several, the work of many and the legacy of four great institutions that have provided the foundation for Jefferson College of Health Sciences. ■

· JEFFERSON HOSPITAL SCHOOL
OF NURSING

· LEWIS-GALE SCHOOL OF NURSING

one
JEFFERSON

· COMMUNITY HOSPITAL OF
ROANOKE VALLEY SCHOOL OF NURSING

· COMMUNITY HOSPITAL OF ROANOKE
VALLEY COLLEGE OF HEALTH SCIENCES

Many Hearts
one Foundation



Holiday Greetings

from
Jefferson College of Health Sciences

On August 16, 2005, Fralin House was officially opened as the admissions and financial aid office for the College. Built in 1906, by Norfolk and Western superintendent David A. Flickwir, Esq., the Colonial Revival structure still stands as one of the most architecturally significant homes in Roanoke. Flickwir was instrumental in the building of Roanoke Hospital, which now stands as Carilion Roanoke Memorial Hospital. In 1991, the home was named and dedicated by Carilion Health System, to honor Mr. Horace Fralin for his contributions to Roanoke's healthcare community. In the words of Jefferson Board of Directors member Mr. Bill Reid, "Horace would be very pleased that new healthcare providers will get their start at the College in the home named for him."



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