

## Asthma sufferers needed for study

Stuart Tousman, Ph.D., an Associate Professor in Health Psychology at Jefferson College of Health Sciences, has been awarded a \$20,000 research acceleration grant from Carilion Clinic to implement an adult asthma self-management research study beginning in October.

Residents from across the region who have asthma are invited to join the study, which is designed to help participants increase their knowledge of the disease and improve the quality of their lives through better asthma management.

Participants are being enrolled through Friday, Sept. 26, 2008. For more information or to enroll, contact Dr. Tousman at (540) 767-6096 or via e-mail at [Stousman@jchs.edu](mailto:Stousman@jchs.edu).

