

Women's Wellness luncheon

Bedford Memorial Hospital is hosting the 5th Annual Women's Wellness Luncheon on Friday, Feb. 5 from 11:30 a.m.-2 p.m. at the Bedford Welcome Center. Emphasizing the importance of educating women about heart health will be guest speaker Jeannie Scruggs Garber of the Jefferson College of Health Sciences. Here, Linda Trent (left) and Wendy Pribble enjoy a previous Wellness Luncheon. For more information, call Carilion Direct, (540) 266-6000.



Courtesy photo

