



THE PAW PRINT



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JCHS TAKES NEW STEP TO PROMOTE CRITICAL THINKING

by Darrell Shomaker

During a faculty meeting last fall, several of my Humanities and Social Sciences (HSS) faculty shared their strong desire for more interaction and debate among the college's faculty. Dr. Paula Prince summed up the matter by saying, "No one argues anymore. I would like to know where other professors stand on

splendid building, I felt certain that I could facilitate a college-wide event that would incite the kind of intellectual dialogue my faculty were looking for. Moreover, the panel discussion format seemed the most effective way to stimulate audience participation and crosstalk among the panel members.



important social issues. We need to come out of our office spaces and have some passionate academic discussions."

I was inspired by Paula's comments and I told her I would "see what I could do." With 99% of the college newly relocated in one

Enthusiastic support from Dr. Frank Dane, Chair of Arts & Sciences Department, and numerous other department members made it relatively easy to organize the event.

Story continued on page 3...

BE SURE TO CHECK OUT THE [NEWSLETTER ONLINE](#) FOR MORE INFORMATION AND BACK ISSUES!

STUDENT SPOTLIGHT: GABRIELLA SHELDEN



by Darrell Shomaker

Gabriella Shelden, proud mother of three, is currently a student in the Bachelor of Science in Nursing (BSN) Program at Jefferson College of Health Sciences (JCHS). She is in her first semester at JCHS, although she already completed her prerequisites at Virginia Western Community College.

Gabriella fell in love with the Roanoke area while completing her undergraduate degree in Criminal Justice at Roanoke College (1987). Her appreciation for the area's people and natural beauty led her and her three children back to Roanoke in 2002.

Gabriella describes her children as being "the light of her life." Having a

hard-working and caring mother of her own, Gabriella also strives to be honest, hard-working, enthusiastic, and caring to set a good example for her children. She enjoys taking them to do community volunteer activities together.

Since her return to Roanoke, numerous volunteer experiences have prompted her keen interest in the lives of older adults.

When recently explaining why she chose Jefferson's nursing program, Gabriella said, "One of the things I've found while working with the elderly is that there is a shortage of nurses who truly enjoy caring for our aging population. So, I decided to go back to school, get my BSN, and specialize in elder care."

In addition to her full-time course load at JCHS, Gabriella is completing the necessary training to become a volunteer with Good Samaritan Hospice. She is well on her way to realizing her goal of becoming a hospice or geriatric nurse.

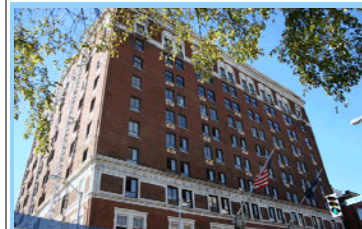
Congratulations and keep up the good work, Gabriella!

Note: All nominations for Student Spotlight for Volume 3, Issue 3 must be sent to Letisha Houston by **June 17, 2011**. See Submission Guidelines in the right column, or on the [website](#).

Student Spotlight

Submission Guidelines

Any student, faculty, or staff member may nominate a JCHS student for the Student Spotlight. *Limit one nomination per person.* Read the [submission guidelines](#) on the website for more information.



New Patrick Henry Resident Assistants 2011-2012

Congratulations to the following students who have been selected to serve as Resident Assistants (RAs) in the Patrick Henry:

Ally Thompson
Troy Kaase
Kelsey Stokes
Aisha Phelps
Natalie Showalter
Brook-Lynn Velvin
Sean Anderson

We look forward to a great year with our new RAs!

Interprofessional Survey: Prize Winner!

Congratulations to **Molly Richardson** in our pre-licensure BSN program! Molly won a \$50 gift certificate to the JCHS bookstore in a prize drawing among respondents to the Spring 2011 survey on interprofessional skills.

Thanks to all our entering bachelor's degree students who participated in this survey. Look for more surveys and prize drawings coming soon from JCHS Institutional Research!

Message from the Financial Aid Office



Once again, it's time to complete your Free Application for Federal Student Aid (FAFSA). This application is for the 2011-2012 Award Year. If you completed a FAFSA last year, you may have already received a notice from the federal government reminding you to submit a renewal application. The FAFSA application will require information about your 2010 earnings.

This year, Federal Student Aid and the Internal Revenue Service have worked to simplify FAFSA completion. Information from your 2010 tax return can now be retrieved using the IRS Data Retrieval tool. Simply sign into the Federal Student Aid Gateway, select the application or renewal application, and follow the directions provided to select and retrieve your tax data. Your FAFSA application or renewal can be completed at www.fafsa.ed.gov.

...story continued from page 1

Dr. William McVaugh, Director of the Math and Sciences Division, and I agreed to serve as panel members to model college service and departmental solidarity for our faculty. Likewise, Dr. Dane was happy to sign on as moderator and also suggested stem cell research as our first topic. When Dr. Vogelstein and Dr. Neidigh came onboard, the stage was set for a lively discussion between two philosophers and two scientists. The moniker "Jefferson Thinks!" just came to me during the creative process while making flyers to advertise the event.

The first Jefferson Thinks! panel discussion was a huge success. Our department secretary, Karie Gilliam, and her team of student assistants did a great job promoting the event. Participant turnout was awesome and consisted of students, faculty, and support staff. I am very proud of everyone who participated and attended, especially the

students who posed challenging questions to the panel.

Based on feedback, the audience got what they came for. Moreover, I believe the differing opinions presented by the panel surprised a lot of folks in the audience. It was a very candid, authentic discussion about the ethical and social implications of stem cell research.

If you're interested in viewing a video of this event, you can check it out from the JCHS Library. Because Jefferson Thinks! was such a special occasion, we have decided to limit the occurrence of future events to once a semester. Suggestions for this fall's discussion topic are welcomed, as are faculty volunteers wanting to serve on the next panel. Contact Darrell Shomaker at DKShomaker@jchs.edu with any questions or suggestions.

Launching the Green Dot Campaign

by Liz Costa and Sarah Higginbotham

In the Red Flag Campaign last semester, we asked you to "say something" about violence; now we are asking you to "do something" with the Green Dot Campaign.

So, what is a Green Dot?

A GREEN DOT is any behavior, choice, word, or attitude that counters or displaces a red-dot of violence by promoting safety for everyone and communicating utter intolerance for sexual violence, stalking, interpersonal violence, and child abuse.

What is Jefferson doing? How can I get involved?

As a community, we are going to be a Green Dot by raising money for the SARA (Sexual Assault Response and Awareness) Program, Inc. in our area. Student Senate is sponsoring a penny drive competition between all of the student clubs, and all proceeds will go directly to the SARA Program, Inc.

Collection tins for each club will be in the Doghouse for the entire month of April. Put pennies in your club's tin and "sabotage" other clubs by placing nickels, dimes, quarters, and dollar bills in their containers! Only counting pennies as positive points toward the competition, so if you place a quarter in a competing club's tin, that club will have to place 25 more pennies in there to negate your one quarter. While we compete with one another, we are raising more money for the SARA Program, Inc. at the same time! Please drop your spare change in the tins—this is an easy way to get involved and make a difference!



So, what is a red dot? *

A red dot is a rape

A red dot is a hit

A red dot is a threat

A red dot is a statement that justifies or minimizes violence

A red dot is an individual choice to do nothing in the face of a high risk situation

Story continued on page 4...

...story continued from page 3.

What else can I do to promote the Green Dot Campaign?



A **green dot** is changing your Facebook profile picture to one of the Green Dot images. As people ask about your new picture, tell them what it means to be a Green Dot in your community. A **green dot** is changing your email signature line to include the statement "Proud to be a GREEN DOT supporter" or something similar. A **green dot** is when you are concerned that a friend of yours might be a victim of violence, and you gently ask if you can help. A **green dot** is also respecting their answer. A **green dot** is having a conversation with at least two different people in your life about the Green Dot Campaign and why it is important to you. A **green dot** is having a conversation with someone who looks up to you about how important it is to help end violence.

There are many ways to be a **green dot**! Tell us in Student Affairs about how you have been a **Green Dot** or about how you have observed someone else at JCHS being a Green Dot. We want to hear from you!

While no one has to do everything, everyone has to do something. Take a look at the pictures (on the right) of a university campus map.* If everyone participates, we can eventually replace every red dot with a **Green Dot**.

Want more information or want to get more involved?
Contact the Green Dot Planning Team! We are:

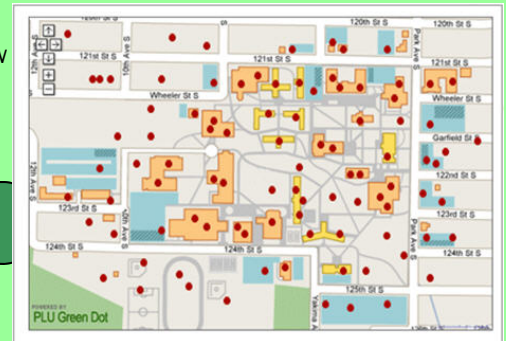
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* Source: Pacific Lutheran University <http://www.plu.edu/greendot/>



Ending Violence...One Green Dot at a Time



JCHS VOICE Program Hosts "Take Back the Night" Event on April 19

One way you can be a **Green Dot** is by participating in "Take Back the Night." April is National Sexual Assault Awareness Month and the JCHS VOICE (Violence Can End) Program is observing this important event with our annual "Take Back the Night" event.

**JCHS Take Back the Night 2011 – Tuesday, April 19, 2011 beginning at 5:30 p.m.
on the lawn at Fralin House, 903 S. Jefferson Street, on the JCHS campus**

Speakers will include: Dr. and Mrs. Dan Harrington; Ed Watkins, Carilion Clinic Police Captain; Scott Hill, JCHS Dean for Student Affairs; Melissa Harper, Forensic Nurse; Karen Bailey, SARA Program, Inc.; and sexual assault survivors sharing their personal experiences. A brief candlelight walk will conclude the event. Heavy hors d'oeuvres will be served, provided by Blue Ridge Catering.

"Take Back the Night" is an international movement with the purpose of drawing attention to the problems of rape, sexual assault, and violence against women, men, and children. Events have been held in England, Belgium, Australia, Canada, the United States, and other parts of the world. The first "Take Back the Night" was held in Germany in 1973.

Grant statement: This project was supported by grant # 2008-WA-AX-0005 awarded by the Violence Against Women Office, Office of Justice Programs, U.S. Department of Justice. Points of View in this document are those of the author and do not necessarily represent the official position or policies of the U.S. Department of Justice.



Chocolate Chip Cheesecake

Recipe Submitted by Kaitlin Hinton

Directions:

1. HEAT oven to 350 °F.
2. BEAT cream cheese in medium bowl with electric mixer until fluffy; gradually beat in sweetened condensed milk until smooth. Add egg and vanilla; mix well.
3. TOSS most of 1 cup of chocolate chips with flour, *saving a little less than 1/4 cup for step 4*; stir into cream cheese mixture. Pour into crust.
4. BAKE 35 minutes or until center springs back when lightly touched. To prevent too many chocolate chips from floating down to bottom of pie, remove cheesecake from oven after 5 to 10 minutes, sprinkle remaining chocolate chips (see *step 3*) over pie; continue to bake for remaining baking time. (Be careful when handling cheesecake, pie pan will be very hot.)
5. Cool and top with Chocolate Glaze and chocolate curls (optional). Serve chilled.

FOR CHOCOLATE GLAZE

1. MELT chocolate chips with cream in small heavy saucepan; cook and stir until thickened and smooth. Immediately spread over cheesecake.
- * To make chocolate curls, start with a good quality chocolate in block form. Holding chocolate with paper towel, pass a vegetable or potato peeler over narrowest side of chocolate block. The chocolate will curl up like wood shavings. Store in covered container in refrigerator until needed.

Photograph and more information on this recipe can be found at:

<http://www.eaglebrand.com/recipes/details/default.aspx?recipeID=4070>

Ingredients:

- 2 (3 oz.) package cream cheese, softened
- 1 (14 oz.) can **Eagle Brand® Sweetened Condensed Milk**
- 1 large egg
- 1 teaspoon vanilla extract
- 1 cup (6 oz. pkg.) mini chocolate chips
- 1 teaspoon **Pillsbury BEST® All Purpose Flour**
- 1 (8- or 9-inch prepared chocolate graham cracker crust)
- Chocolate curls *
- CHOCOLATE GLAZE
 - 1/2 cup mini-chocolate chips
 - 1/4 cup heavy cream

For some healthy modifications to cheesecake: <http://www.thatsfit.com/2011/01/20/healthy-cheesecake-recipe/>

Blackboard's JCHS Helpdesk Tab Has a New Look

Check out the new look of the JCHS Helpdesk tab in Blackboard at:

http://blackboard.jchs.edu/webapps/portal/frameset.jsp?tab_id=75_1&

This is a resource students, faculty, and staff can use for answers to common questions about Blackboard, Onejeff student e-mail, and Self-Service. There is also information on other technologies, such as SafeAssign and Respondus Lockdown Browser. Students, faculty, and staff are able to use this resource without logging into Blackboard.

Quick Technology Tip: Alt + Tab to Free Up Your Life by Rase McCray

Do you ever find yourself on your computer with too many windows open? Perhaps you're checking all the quotes in your most recent paper and so you need to look closely at just your document and one internet explorer page at a time, but when you look at all the clutter at the bottom of your screen, you can't remember exactly which window to use. You waste time opening every window every time.

Addressing this predicament, Microsoft has given us a neat tool that allows us to flip back and forth between recently used windows easily: **Hold Alt and then press Tab**. This combination will let you quickly access all of your open windows, in the order that you've most recently looked at them (pressing Tab again will get you to the next most recent window). Using this button combination in your left hand and navigating the mouse with your right will help you maximize your computer efficiency.



Physician Assistant Student Chosen as a Paul Ambrose Scholar



JCHS Physician Assistant student **James Lesniak, Class of 2011**, has been selected to take part in the Paul Ambrose Scholars Program. The program is administered by the Association for Prevention Teaching and Research (APTR) and the Office of Disease Prevention and Health Promotion (ODPHP).

From June 23-26, 2011, James will join 45 other health professions students from across the country with similar interests in prevention education and health promotion for a leadership symposium in Washington, DC.

The Paul Ambrose Scholars Program introduces health professions students to influential public health professionals and prepares them to be leaders in addressing public health challenges.

Paul Ambrose Scholars will:

- Obtain tools to practice the knowledge and skills learned at the symposium through a faculty-mentored project conducted at their community or institution.
- Gain a deeper understanding of the complexities and varying perspectives of public health. They will learn methods to effect change in their own community in the areas of: health policy, health literacy, project planning, and health care finance and delivery.

JCHS congratulates James on this wonderful accomplishment and wishes him the best during his tenure as a Paul Ambrose Scholar! You can learn more about the Paul Ambrose Scholars Program at:

<http://www.atpm.org/pasp/index.html>

Plan Your Activities with the New Weekly "Upcoming Events at JCHS" Flyer



At JCHS, we always have exciting events taking place across our campus. **As a way of letting you know about upcoming activities, you are now receiving a weekly flyer on Monday mornings via your Exchange e-mail.**

The flyer, which contains a schedule of upcoming events at the College, can be downloaded and printed off so you can mark your calendars to participate in those events that interest you.

The flyer is sent to all JCHS students, faculty, and staff in Word format. You can also find a copy of this schedule in the new display cases located on floors 2, 4, 5, and 6 at CRCH.

For more information, contact **Mark Lambert**, Coordinator of Communications and College Relations, at (540) 985-9031 or via e-mail at MALambert@jchs.edu.

Jeffersonians Represent JCHS in Scrabble Fundraiser

The Jeffersonians (a.k.a. **Lisa Allison-Jones**, Dean for Academic Affairs; **Judy Cusumano Lash**, Associate Professor, Physician Assistant Program; and **Ava Porter**, Chair of the JCHS Nursing Department) competed in the Sixth Annual SCRABBLE Tournament on Thursday, March 24, 2011 at the Jefferson Center.

The annual tournament benefits the Literacy Volunteers of Roanoke Valley. This is the fifth year that the Jeffersonians have represented Jefferson College of Health Sciences.

Joining them this year were Britney Foster, Katherine LaFargue, and Garrett Reynolds, making up the PA student team.



This is the first year a student team joined in the fun. (And they beat the Jeffersonians!)



WINNERS of the "Did I Do That?" Find the Differences Contest from the last issue of The Paw Print are

Michelle Meier
and
Susannah Simpson!

It was a tie! Thank you to everyone who participated, and an even bigger thank you to those who have been helping to keep our classrooms and computer labs clean and tidy!

~ ASK DR. STACEY LILLEY ~ CHANGE: IT'S INEVITABLE!



I work with students every day who are experiencing change in their life. Sometimes it is change that they have encouraged, and other times it is change that they are forced to embrace. Regardless of what has spawned the change, they are left to deal with the consequences.

Some students will openly tell me they don't like change. It's wonderful that they know this important characteristic about themselves; however, it doesn't alter the fact that they are faced with change. Every semester, students change their classes and majors, choose a different career—and the people in their life may even change. I have found the first thing to do when faced with change is to take time to think. You don't want to make an irrational decision based on emotions and later regret the decision.

Next, try to refocus your thoughts on the situation. Students can be guilty of letting their thoughts spiral negatively and they are unable to begin to look at all their options. Try to reframe the problem as an opportunity; doing so will not only allow you to problem solve but will also improve your attitude toward the situation.

Students sometimes comment that everything is out of control. It's true that some things are out of your control, but it

is not helpful to focus on these things.

Instead, focus on what you *can* control and let the rest go. It is also helpful to focus on the moment at hand. If your focus brings you to your past or too much into the future, then you will become overwhelmed because you can't change the past or control the future.

I also encourage students to seek wise counsel when they are dealing with a tough situation. Being able to weigh the pros and cons with someone who really knows you and has your best interest at hand is a great resource. As you try to be more open to change and focus on your progress, you can see that change can be a very positive experience.

Lastly, I want to encourage you to trust yourself. When you make a decision after giving it time and consideration, then you can move on. It does no good to second-guess yourself; you will only waste time and energy.

Like many of you, I have also experienced change lately. It has been a tough journey over the last few months trying to decide what would be best for my family. After seeking wise counsel, praying, and waiting, I have decided it is time to work part time; as a result, I turned in my resignation to Jefferson College. I have greatly enjoyed my four and a half years here and will miss you all deeply. I know some of you have heard this news through the grapevine; however, this news may come as a surprise to others.

I wish I could go around to each of you and share my news personally, but time does not permit this. Please stop by and see me sometime before the year ends; my last day at Jefferson is May 13. I wish you well as you change and develop. Take care of yourselves!

Remember: The JCHS Counseling Center is here for you, free of charge! Call 540-985-8395 for an appointment.



JCHS Internal Scholarship Application Now Available!

Thousands of \$\$\$ in Scholarships Available for 2011-2012 Award Year!!!
To learn more about the different opportunities and complete an application, go to:

<http://www.jchs.edu/page.php/prmID/891>

But don't delay – the deadline for the application is May 20! APPLY NOW!





“JCHS Creates” Art Show: Submit Your Entries and See the Show!

“JCHS Creates” is an opportunity for all members of the college community to share their artistic talents. The fourth annual JCHS Creates Art Show will be held on Wednesday, April 13, 2010 from noon to 1 p.m. in the JCHS Museum on the third floor of CRCH. Everyone is invited! Desserts will be provided by Blue Ridge Catering.

All JCHS faculty, staff, and students are encouraged to display examples of their creative talents in any artistic realm (pottery, jewelry, paintings, scrapbooking, homemade items, and anything else you do to show off your creativity). If you are interested in displaying your artwork, please e-mail **Elizabeth Costa**, JCHS Assistant Director of Student Life, by **Friday, April 8, 2011**, at EACosta@jchs.edu.

Academic Skills Workshop Series

**Thursdays
12:00-1:00
Room 501**

All of the workshops have been a huge success so far! We hope you can join us for one of the remaining workshops this semester.

Everyone’s Welcome!

- 4/7 Which Database Is Right for You?
- 4/14 Advanced APA Style
- 4/21 Introduction to Google Tools
- 4/28 Advanced Google Search & Google Scholar



You are Cordially Invited to Join
The Office of Alumni Relations
in our

Senior Salute Reception

to the Graduating Seniors,
Class of 2011

Tuesday, April 19, 2011
6:00 pm - 8:00 pm

Carilion Roanoke Community Hospital
Room 617

Business Attire
RSVP to 540-224-4586
By Friday, April 15, 2011

Safety Counts



Picture from: www.tvacres.com

Fire Alarm Activations at CRCH: Are You Confused?

We understand fire alarm activations in our new facility have been confusing. There are several issues involved in this confusion and we want to help clear them up.

First, the most important thing to remember is that whenever the alarm is activated, we are to evacuate the building. It does not matter whether it is an actual activation or a drill. Our gathering assembly location is in the 3rd floor entrance level front lot. Notification by authorized personnel will be made to this location when it is safe to reenter the building.

One of the issues that causes confusion is that the alarm is not heard throughout the facility. When CRCH was built, it was designed with fire containment corridors specific to a healthcare facility. In other words, if an alarm activated on 8 east, it would not be audible on 4 west. All fire containment doors would automatically close, and those people not in the vicinity of the audible alarm would stay in place and wait for further instructions, if

necessary. With CRCH becoming classified as prominently business, Engineering is in the process of coordinating efforts to upgrade and tie in a new fire alarm system. This new system will provide audible and visual fire alarm activations throughout the facility.

Another issue causing confusion is the absence of a public address intercom system on the 5th and 6th floors. When demolition work was done on these two floors for remodeling, the intercom system was removed and not replaced. In the event of a fire alarm, it does not matter if an announcement is made regarding the specific location or informing if it is a drill. We are to evacuate regardless of the situation. However, there may be the need for other notifications where this intercom system would be an important benefit. For this reason, the reinstallation of this system is being reviewed.



Chocolate Day is Back
at the Library!



Come one and all to Chocolate Day
at the Library!
Tuesday, April 12, 2:00–3:00 p.m.

The Library is celebrating National Library Workers Day and is inviting everyone to attend! There will be chocolate galore in the Library, ranging from cakes to cookies to ice cream floats! Bring your chocolate cravings to the Library and prepare to be satisfied!

* Wellness Speaker Series *

12–1 p.m. in CRHC room 616

Last Spring 2011 Speaker:

Thursday, April 21
Dr. Allison Divers

“The Art and Science of Dermatology
Skin Care—It’s More Than Just
Avoiding the Sun”



Questions? Contact
Dr. Stacey Lilley at
SLilley@jchs.edu or
540-985-8502



Community Hour
Speaker Series
12–1 p.m., CRCH

Come check out the last speaker!

Sue Campbell, M.P.A., PA-C, JCHS Alumni Association President
Wednesday, April 20, 12–1 p.m., room 617

Free lunch catered by Blue Ridge Catering will be provided to the first 30 attendees

Questions? Contact Liz Costa at EACosta@jchs.edu or 540-224-4686

IMPACT. MAKE ONE.



Everyone knows someone who has
battled breast cancer; a mom,
daughter, sister, friend.

Gather your friends, form a team,
don your running shoes, and join
the Race for the Cure to help
put an end to breast cancer.

It's fun and easy!

Register Online at
www.komenroanoke.org

For more information call:
(540) 224.6738 or (866) 604.CURE

Second Annual Susan G. Komen Greater Roanoke Race for the Cure®

REGISTER TODAY

SATURDAY, APRIL 9, 2011 • 5K RACE • 5K & 1 MILE WALK
GREEN HILL PARK • ROANOKE, VA



The Running Ribbon is a registered trademark
of Susan G. Komen for the Cure®

Come to Yoga Class: Open to Everyone!

Instructor: John Kortmulder

Every Monday, 1–2 p.m., CRCH room 501

Questions? Contact John Kortmulder (JKortmulder10@onejeff.jchs.edu) or
Dr. Stacey Lilley (SLilley@jchs.edu)



Volume III * Issue II
* April 2011 *

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JEFFERSON COLLEGE
of HEALTH SCIENCES

JEFFERSON ADVERTISES

Jefferson College
of Health Sciences

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Roanoke, VA 24013

Contributing writers for this issue:

Darrell Shomaker, Debra Johnson, Liz Costa, Carol Rowlett, Sarah Higginbotham, Letisha Houston, Rase McCray, Mark Lambert, Stacey Lilley, Susan Booth, and Jamie Price.

Publication Disclaimer: Each article contained in this newsletter reflects the opinion and perspective of each individual author rather than the official position of the College.

Need Summer Housing?

The Student Affairs Office is now accepting summer housing applications!

Who can apply:

- Any currently enrolled JCHS student
- No minimum number of credit hours required to live on campus
- Not taking classes this summer but still want to live in Roanoke and stay on campus? That's fine, too! As long as you are a JCHS student and enrolled for fall 2011 classes, you may live in the residence hall.



Applications are available in the Student Affairs Office.

Summer Housing Cost: \$1350

Dates: May 20-August 4, 2011

Students who are not current residents will need to pay a \$250 housing deposit.

Questions? Email Elizabeth Costa, Assistant Director of Student Life, at EACosta@jchs.edu.

Tutors Needed!

The Learning & Writing Center is looking for Tutors in the following subjects:

Pathophysiology

Statistics

Pharmacology

Functional Anatomy

Nursing Process Applications (Med-Surg)

All Upper-Level (200s & 300s) Nursing Classes



The Learning & Writing Center is looking for tutors for Summer and Fall 2011!

If you have a 3.0+ GPA, earned at least a B in any of these courses, and would like to **earn a little money** (and have a resume booster) by helping your fellow students, please contact the LWC Coordinator, **Emily Moore**, for a tutor job application.

Contact Emily Moore at 985-8449 or EHMoore@jchs.edu

Visit the JCHS Events Calendar!

<http://www.jchs.edu/onejefferson/index.php>

Please submit your "promotional ads" and "event announcements" for Volume 3, Issue 3 of this newsletter to Letisha Houston at LBHouston@jchs.edu no later than Monday, June 20, 2011.

Please send all newsletter submissions for Volume 3, Issue 3 to Letisha Houston at LBHouston@jchs.edu no later than Monday, June 20, 2011. Go to the [Newsletter web pages](#) to see the [Submission Guidelines](#).