



THE PAW PRINT



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MESSAGE FROM CARILION CLINIC'S CEO SPEAKS TO EVERYONE



As we remember the 9/11 tragedy on its tenth anniversary, we also recognize that Jefferson College of Health Sciences (JCHS) plays its part in preparing for disasters and training in emergency management. Many JCHS students are employees with Carilion Clinic and may have had on-the-job training for emergency management.

Meanwhile, students are learning such practices in their classes as well as at college events such as the Interprofessional Education Disaster Event, most recently held in April 2011. Pictured above are JCHS students participating in the event. It goes without saying that JCHS is one of many Carilion Clinic entities that was recognized by a recent letter from Nancy Agee, our CEO:

Melina Perdue, Dr. Gandee, Don Lorton, and I always appreciate the important work that you do each day to be prepared and to care for our patients. As Dr. Gandee often

says, "you make hard things seem easy and the impossible, possible." As we just recognized the Anniversary of "9/11," we've been reflecting on all that we do to be ready for emergencies, and on the great team at Carilion.

It's hard to believe that it's been a decade since "9/11." As we remember, with respect, all those whose lives changed that fateful day, we honor the tremendous work of emergency management personnel, physicians, nurses, and the network of caregivers ever ready to meet the needs of our fellow man.

Although "9/11" is perhaps the most remembered American disaster, it is not the only one: disasters occurred before and have since. They've been both man-made and natural. Recently, we've experienced an earthquake and hurricane Irene. Unfortunately, disasters, and the threat of

Story continued on page 2...

BE SURE TO CHECK OUT THE [NEWSLETTER ONLINE](#) FOR MORE INFORMATION AND BACK ISSUES!

...story continued from page 1

disasters, touch each of our lives far too often.

It is good to know that Carilion is committed to emergency management. **We prepare** through the Hospital Preparedness Program. **We spend thousands of training hours** learning HazMat, Incident Command, and Basic and Advanced Disaster Life Support. **We take stock** of our risk of local disasters by completing an annual Hazard Vulnerability Analysis (HVA).

We have an Emergency Operations Plan (EOP), reviewed annually to give direction on how a disaster incident should be managed. **We practice** by testing our response plans to disasters. **We're a team:** we've developed close and meaningful relationships with local, regional, and state emergency responders so that sharing resources and information can be quick and efficient when needed.

As our nation remembers "9/11," I remember with heartfelt appreciation your dedication, commitment, and care. It's an honor to work by your side to serve others.

Nancy Howell Agee
President and CEO

STUDENT SPOTLIGHT: STEPHEN HARRIS

by Emily Moore

The face of this month's Student Spotlight is hardly an unfamiliar one to the JCHS community. Stephen Harris is a student leader, tutor, former Biomedical Sciences student, current Medical Laboratory Sciences student, and all-around nice guy. He is also a member of the Student Association for Medical Laboratory Sciences (SAMLS) and American Medical Student Association (AMSA) at JCHS. Whether at orientation, a class review session, a special college event, or any given day on the 6th floor, Stephen Harris is an ubiquitous presence at the college.

Anyone who works with him knows Stephen excels in class and exemplifies diligence. As Dr. Kurt Neidigh, Stephen's research supervisor, summarizes well, "I have continued to be impressed with Stephen's interest in chemistry (and the sciences in general) as well as his maturity, motivation, and natural curiosity." He is able to move from subject to subject, lab to classroom to tutoring room, with confidence and competence. Stephen has a desire to serve others and eagerly accepts opportunities to do so, most notably through his years serving as the college's chief peer tutor.

In May 2012, Stephen will be graduating from the Biomedical Sciences and Medical Laboratory Sciences programs. He hopes to



attend graduate school and become a physician assistant.

On top of the many things Stephen does here, he is also a dedicated husband to his wife, Michelle, a loving father of two, Paisley and Daisy, and an active member of his church. Faculty describe him as friendly, thoughtful, studious, intelligent, and modest, which is why convincing him to accept this nomination was quite the struggle!

For all the ways you make this college a better place, we thank you, Stephen! Congratulations!

Note: All nominations for Student Spotlight for Volume 3, Issue 5 must be sent to Letisha Houston by **October 19, 2011**. See Submission Guidelines on the [website](#).

Student Association for Medical Laboratory Sciences Seeks to Recruit and Serve Others

The Student Association for Medical Laboratory Sciences (SAMLS) for the 2011/2012 year is up and running. The new officers have been elected by their peers and are listed below:

President: Charmaine Turner
Vice President: Morgan VanBlaricom
Treasurer: Jessica Fetters
Secretary: Lily Mahon
Public Relations: Melissa Sue

The entire 2011/2012 certification class for MLS is enrolled in this association, and we are off to a busy year. Our goals are to raise awareness of our field and to help the community. In addition to being featured on COW Day, August 31, 2011, SAMLS has a

monthly newsletter that will begin to circulate in September to help with this goal. To raise funds for our association, a morning bake sale has been planned for **October 17, 2011**. To help the community, we are putting together a book drive for children in need, but no definitive dates or drop off points have been set yet. Throughout all these avenues, we hope to gain more members,



educate, and help the community.

Anyone interested in Laboratory Science is welcome to join! Please contact the faculty advisor, Kimberly Whiter at kawhiter@jchs.edu.

Why Starfish Makes College More Like a Beach Vacation

by Rase McCray



Many students are already using Starfish (JCHS's newest web initiative) to make appointments during their professors' office hours, sign up for tests in

the ETC, and schedule appointments with tutors. Other students may know about Starfish primarily because they have received a "flag" email that has let them know about missing health records, reminded them of mandatory deadlines, or helped connect them with the many resources that the College offers to improve classroom success. All of these are great ways to use Starfish to improve your academic performance at JCHS.

However, not all students are yet aware of just how awesome Starfish is! If this includes you, visit Starfish today by logging into Blackboard and clicking the link that looks like the logo pictured above from your Blackboard home page. You'll then be able to add a bio to your profile, upload a picture of yourself for your professors to see, and start connecting to the people who can help you most. Everyone at JCHS—professors, administrators, tutors, staff—wants to see you succeed, and now, with Starfish, we can achieve this goal better than ever.

Note: Because this program is new, we are still working out a few bugs. If you can't schedule appointments, try reading the **Student Guide to Starfish**, which is found under the *JCHS Helpdesk* tab of Blackboard. If that doesn't solve your problem or if you have been incorrectly "flagged," please contact your instructor and/or Al Overstreet, Director of Academic Support Services (AWOverstreet@jchs.edu).

If you don't see the Starfish logo on your Blackboard home page, then please contact Al Overstreet.

BSN Student Wins Scholarship



Kelly Lynn Price, a student pursuing a Bachelor of Science Degree in Nursing at Jefferson College of Health Sciences, has been awarded an eight hundred dollar scholarship (\$800) from the Mildred A. Mason Scholarship Foundation.

This scholarship is given annually in memory of Dr. Mildred A. Mason, a well-known pioneer in Virginia Health Occupations Education. The scholarship is awarded each year to Virginia Health and Medical Sciences students or Educators for either entry-level or advanced education in health and medical sciences and professions.

First Annual JCHS Alumni Association Golf Tournament

The First Annual JCHS Alumni Association Golf Tournament will be held at Botetourt Golf and Swim Club on Friday, Sept. 30, 2011, at 1 p.m. **This Tournament is open to anyone who wants to participate.** In keeping with the mission and values of the JCHS Alumni Association, proceeds from this tournament will go toward the Jefferson College of Health Sciences general scholarship fund.

Tournament Information

This 18-hole, four-person Captain's Choice tournament gets under way with a shotgun start at 1 p.m. The registration fee includes green fees, cart, lunch, and refreshments.

The Registration deadline is now Friday, Sept. 23!

11:30 a.m.—Registration
12:00-1:00 p.m.—Lunch
1:00 p.m.—Shot Gun Start

Multiple contests with fantastic prizes, including a *new car* and monetary prizes! One of the contests is a Helicopter Golf Ball Drop: the closest ball to the pin wins \$1,000 Cash Prize. **Call the Alumni Office at (540) 224-4586 to purchase golf balls: \$20 each or 3 for \$50.**



Visit the JCHS website for more details: <http://www.jchs.edu/page.php/prmID/962>

JCHS Resident Students Move into The Patrick Henry



Our student helpers and Resident Assistants on Move-In Day (pictured left to right, back to front): Cozetta Hubbard, Candace Wade, Jalissa Richards, Shanice Vennable, Ally Thompson, Liz Costa, Natalie Showalter, Sean Anderson, Nick Sosik

On Wednesday, August 17, JCHS welcomed over 130 students into the new residence hall at the Patrick Henry. The students are now enjoying their new apartments and all the residence hall has to offer! The Residence Life staff kicked off the year with a Welcome Back Luau in the Patrick Henry Ballroom, with a catered dinner, music, and karaoke. **Residents: Watch your email and flyers for more upcoming residence hall events!**

(Pictured bottom left: lobby of The Patrick Henry; pictured bottom right: President NL Bishop greeting a resident student as she moves in.)



A Message to All First-Year Students: Health Records Compliance



Health records for all new students were due August 1. If you have not completed the health packet, please do so immediately. Download the Student Health Packet by following this link: http://www.jchs.edu/media/1336_JCHSHealthPacket.doc. Review the health packet and follow instructions carefully: **All documentation must be provided.** Non-compliant students will have a hold placed on their student account in November, which will prevent them from registering for Spring semester classes.

Questions? Contact Judy Caffee, Health Records Specialist, at 540-985-8501 or at jcaffee@jchs.edu.

Jefferson Serves!

Thursday, Sept. 22 through
Friday, Sept. 30, 2011

Jefferson Serves is an opportunity for JCHS faculty, staff, and students to reach out to our community with service projects across the Roanoke Valley. Just pledge a minimum of three hours of community service during the month of September, participate in at least one volunteer event during Jefferson Serves, and you will be rewarded with a Jefferson Serves T-shirt!

For more information, including a list of the different volunteer opportunities, contact Ally Bowersock at ahbowersock@jchs.edu.



ATTENTION STUDENTS: Please see all of the marked lots for student parking in the image above.



Before They Were Scholars

Confessions of an Ethicist

by Darrell Kirtland Shomaker

We're running a new series in *The Paw Print* called "Before They Were Scholars," which will highlight personal stories about JCHS faculty. Our hope is that this series will help students gain a more holistic, humane view of some of their professors. Enjoy this first entry by Darrell Kirtland Shomaker.

My father was a land developer and home builder in Pulaski County, VA. I often worked for Dad after school and during the summers while a teenager. He paid me in fishing tackle, rifles, shotguns, and modest sums of cash. When I turned 16, he helped me buy my first car. It was a beautiful, used 1970 Mustang Mach 1. That buggy would flat scoot and soon became the envy of every boy in the New River Valley.

Dad could have easily bought that awesome car for me, probably with the cash in his pocket, but he didn't. He gave me one-third of the purchase price, required that I pay one-third from cash I had saved, and we covered the rest with a co-signed note from First Virginia bank, to help establish a record of credit for me.

After high school, I was torn between going straight to college and working full-time for my father's company. When Dad's bid to restore an important historic home-place in Carroll County was accepted, I decided to work on with him through that project.

The first weeks of the restoration involved moving antique furniture from the house to an old boarded-up building across a graveled road. The building had been a mercantile the family operated during the 1930s and 1940s and much of the merchandise from that era remained in the store. The

temptation to take a few souvenirs from that old store was simply more than I could resist.

While transferring furniture, I slipped a few small bottles of castor oil, diarrhea and colic remedies, carbolated witch hazel salves, and such, into my tool pouch. The old-fashioned

Story continued on page 6...



e-Tip: New Support Model for Academic Technology

Beginning on Aug. 12, 2011, JCHS transitioned to a new support model for Academic Technology. **Faculty, staff, and students are now able to contact the Technology Service Center (TSC) for all academic technology needs.** This includes assistance with Blackboard, PowerCampus, Self-Service, Respondus Lockdown Browser, and I-Clickers. This new support model for technology provides the College with **24/7/365 support** as well as a **one-stop shop** for all technology needs. If the TSC is unable to resolve your issue, a ticket will be escalated to the Academic Technology Team.



When to contact Technology Service Center:

For all College-related technology questions and issues.

How to contact Technology Service Center:

By phone at (540) 224-1599 and following the directions on the phone message.

...story continued from page 5

packaging and bizarre ingredients of the products fascinated me. My favorite was Ramon's English Cough Syrup with 1/19th grain of heroin and 2% alcohol.

Stealing those old store goods nagged at my conscience, but my attraction to old stuff overrode my Methodist upbringing. These days, I keep the collection in my office to give students a peek into the past. Thankfully though, that singular episode was the beginning and the end of my burgling career.

Many years after stealing those dusty fascinations, a special artifact came into my possession that put my teenaged thievery into proper perspective. It was the Purple Heart my grandfather received after being wounded in France during World War I. Grandpa noticed me looking at it one evening after dinner and took it off his lapel and gave it to me to keep.

When I placed my grandfather's Purple Heart in my lock box at home, I came across another special item kept there. It was an owner's manual to a Ford Model A. Its rightful owner was one Ms. Golda Gwynn of Carroll County, VA, whose home-place I had helped restore. The manual fell out of a stack of old books that I had moved from her childhood home to the old store building one day. Ms. Gwynn, 82 years old at the time, picked it up and giggled. "My Daddy was the first person in Carroll County to own a car," she said proudly. She looked through the manual affectionately then, to my surprise, told me to just take it over to the store building with the other books.

Well, the books made it to the case, but I put the Model A manual behind the seat of my Dad's Ford pick-up. Then low and

behold if Ms. Golda didn't ask me to go back and retrieve the manual. I pretended to look for it awhile, then told her that I could not find it. I told her not to worry though, that it was somewhere inside the cherry bookcase. She was disappointed, but persuaded by my lie.

By the time I rediscovered the Model A manual in my treasure box, I had already started reading philosophy and theology, and I appreciated the value of a well-formed conscience. Seeing the manual there alongside my Grandfather's Purple Heart, I realized the importance of family history and what I had been depriving the Gwynn's. I fired up my Mustang and set out to return the manual, some 10 years after I had stolen it. I did not know if Ms. Golda was still living, but I knew I could likely locate a member of her family at Gwynn's Hardware and Furniture in downtown Hillsville, in the county of Carroll.

Calm and humble, I entered the business and asked the first clerk I saw if a member of the Gwynn family was present. After a few minutes, a nice-looking fellow came out of the office and introduced himself. I told him who I was, how I had come to possess the charming manual, and the pleasure I would take in returning it. Mr. Gwynn was delighted. He was the nephew of none other than Ms. Golda, who was alive and well. In fact, she had been hard at work organizing and preserving her family's rich history. My timing was perfect.

After agreeing it would be best if he returned the manual to Ms. Gwynn (I did not want to scare the kind lady), I put it in his hand and left feeling light as a feather—and a little closer to The Good.

Pedestrian Safety:

Please Use Caution

by Susan Booth

Both pedestrian and vehicle traffic at the intersection of Jefferson Street and Reid Drive are at an all time high. This is due in part to students walking to and from the Patrick Henry and CRCH and an increase in vehicle traffic due to the new academic year beginning and additional patient care opportunities within CRCH.

Increased pedestrian and vehicle traffic are not the only issues. Drivers on Jefferson Street have two new distractions. One is the demolition activity being conducted at the Reid building. Drivers seem to be watching the action and paying less attention to the road. Another distraction is the protective fencing erected in front of Reid, eliminating one lane of traffic and the sidewalk.

In an effort to provide the best possible safety for our students, employees, patients, and visitors, Carilion Police and Roanoke City Police will be monitoring this intersection.

We can all be proactive by observing the pedestrian "*walk*" and "*don't walk*" signals and by making eye contact with drivers before entering the roadway to cross the street. We can also utilize the intersection at Jefferson Street and Elm Avenue as an alternative route to help eliminate the heavy pedestrian traffic at Reid Drive.

Keep in mind: law enforcement personnel have the authority to issue citations for pedestrian violations, as well as vehicle/driver violations.



Primal Pictures: A Valuable New Resource

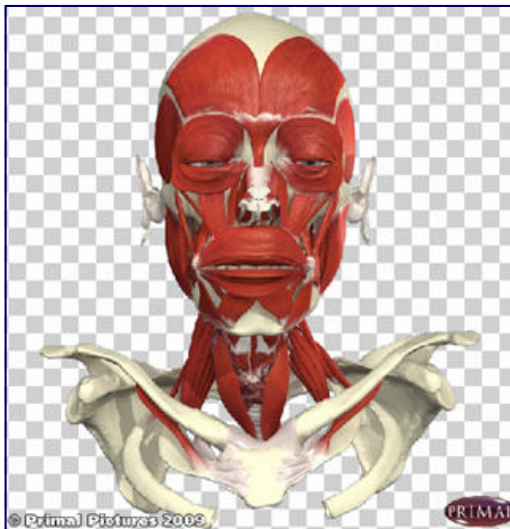
by Emily Moore

Beginning this semester, the JCHS Library has a fantastic new resource available to students and faculty—Primal Pictures Anatomy and Physiology Online, a program that provides volumes of useful information and illustrations of human anatomy and physiology. With over 5,000 3-D anatomical structures, clinical slides, dissections, and animations, as well as detailed written reference information, Primal Pictures facilitates learning and, ultimately, improves patient care.

Collaboration with the Virginia Tech Carilion School of Medicine (VTC) made possible the sharing of this valuable resource across the Carilion Clinic Health Sciences Libraries, and JCHS is fortunate to be able to benefit from VTC's acquisition of Primal Pictures.

Access to Primal Pictures is possible from any JCHS lab or classroom computer as well as any computer linked to the Carilion network. Students and faculty can most quickly access it by logging into Blackboard, clicking on the JCHS Library tab, and clicking the Primal Pictures link.

The systematic anatomy guide covers all nine

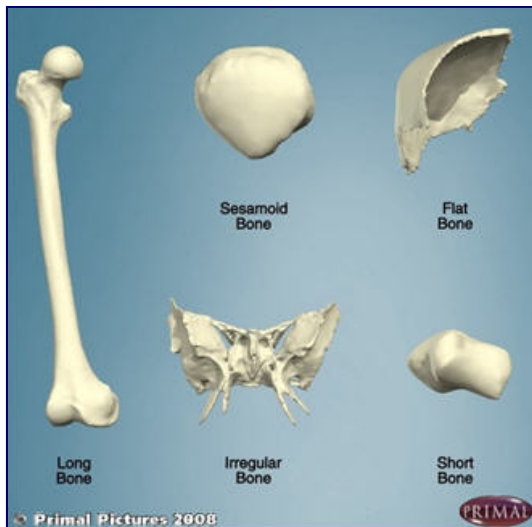


© Primal Pictures 2009

body systems with 3-D views and explanatory text for 2,500 anatomical structures as well as quizzes to test your knowledge of the material. The regional anatomy area breaks the body down into interactive sections with supplemental MRI images, slides, and animations, and it provides a textbook-like study guide. Primal Pictures also has special sections on sports and therapy (e.g., functional anatomy, resistance training) and some specialty areas (e.g., urology, the spine).

To learn more about Primal Pictures and how to use this valuable learning tool, stop by the Library Reference Desk or click on the Primal Pictures link on the Library's electronic resources gateway (in Blackboard).

Please Note: Any student or faculty member hoping to explore Primal Pictures should be aware that the college has a limited number of licenses, so only a handful of users can be logged in at any given time. If you have difficulty accessing Primal Pictures, try again after some time has passed. Also, remember to log out if you aren't using it at that moment so others can gain access.



© Primal Pictures 2008



Picture from: www.tvacres.com

Where to Find Automated External Defibrillators in CRCH



3rd Floor Lobby,
4th Floor Cafeteria

NOW AVAILABLE
5th floor Library Reference Desk



Jefferson Thinks: Coming Again Soon!

**Is Healthcare a universal right or a privilege?
Should it be a service or requirement?**

The second "Jefferson Thinks" is coming up soon, so be on the look out for an announcement! Remember our panel in the spring (pictured right)? They led a lively discussion on the ethical and social implications of stem cell research. **This semester, the panel so far consists of Judy Lash, Mike Slaughter, and Bob Reese!** Sponsored by the Arts and Sciences Department, this event will take place in late October or early November in CRCH 617. Stay tuned for more details soon!

Questions? Contact Darrell Shomaker at dkshomaker@jchs.edu.



Join Us at Some FALL 2011 Speakers & Activities!

Open to anyone in the JCHS community!

* * * Wellness Speaker Series * * *

12–1 p.m. in CRCH room 614

Wednesday, Sept. 21: "Oh the places you'll go...if you just stop worrying"—*Dorene Fick, LCSW*

Wednesday, Oct. 5: "Mindful Eating" (Part 1)
—*Jeanie Redick, CN*

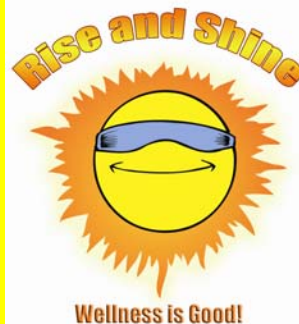
Wednesday, Oct. 19: "Mindful Eating" (Part 2)
—*Jeanie Redick, CN*

Thursday, Nov. 3: "Balancing Your Life" — *Women's Health University*
* Ticket required; 11:30 a.m. - 1 p.m.

Wednesday, Nov. 16: "Move it for Lose it: Benefits of Exercise as You Age" —
JCHS Senior Health & Exercise Science Students

Wednesday, Dec. 7: "The Paradox of Forgiveness" — *Dr. Bob Reese, Ph.D.*

Questions? Contact Dr. Jennifer Slusher at jjslusher@jchs.edu or call 540-985-8502.



ZUMBA & JUST DANCE!

Every Wednesday
CRCH, Room 617
12–1 p.m.

Just Dance & Zumba
will alternate every
other Wednesday



Taught by certified
instructors

Zumba and Just Dance are very similar but Zumba is heavy Latin/international music while Just Dance is whatever genre the instructor chooses. It is like a big party where you will hear lots of familiar songs!



For more information:
Contact Jennifer Slusher
at jjslusher@jchs.edu or
540-985-8502.

Academic Skills Workshop Series

Everyone's Welcome!

Thursdays
12:00 - 12:50 pm
Room 514

- | | |
|--------------|--|
| 9/22 | The Basics of APA |
| 9/29 | Test-Taking Strategies |
| 10/6 | The Research Paper, Start to Finish |
| 10/13 | CINAHL with Fulltext |
| 10/20 | YouTube & iTunes Videos in Presentations |
| 10/27 | Using Source Material Effectively |
| 11/3 | PubMed: Your Gateway to EBP |
| 11/10 | Keys to Effective Presentations |
| 11/17 | Advanced Google Search & Google Scholar |
| 12/1 | Introduction to Google Tools |
| 12/8 | Tips for Creating Resumes & Cover Letters |





What's Happening in the JCHS VOICE Program?

by Sarah Higginbotham



October is Domestic Violence Awareness Month

4th Annual "A Walk in Their Shoes"

October 14, 2011 at the Mayor's Monument in Elmwood Park
Opening Ceremony at 12:30 p.m., Walk at 1 p.m.

This event is held in honor of Domestic Violence Awareness Month and of victims of family violence and their children. The opening ceremony will include a presentation of the Domestic Violence Proclamation by Mayor David Bowers and special guests Dr. Rita Bishop, Superintendent of Roanoke City Public Schools, and Christopher Morrill, City Manager. The walk will begin at 1 p.m., continue through downtown Roanoke, and will end at TAP-Sabrina's Place at 335 Day Ave., SW. An open house will be held from 2 to 4 p.m. at Sabrina's Place with special guest Roanoke City Police Chief Chris Perkins. There will also be services and activities to honor and remember victims of family violence and their children.

The event is sponsored by the Family Violence Coordinating Council (FVCC). Members work together to improve and increase the resources available to deal with domestic and family violence. TAP-Sabrina's Place, a collaboration of the City of Roanoke and Total Action Against Poverty (TAP), is a supervised visitation and safe exchange program that serves families who have experienced domestic violence, child abuse, sexual assault, and/or stalking.

Please contact Sarah Higginbotham at (540) 985-9711 or sehigginbotham@jchs.edu for more information.



Peace on Earth Begins at Home

The Red Flag Campaign



Jefferson College of Health Sciences has been chosen for the third year to participate as one of fifteen "partner campuses" in Virginia with the Red Flag Campaign. The Red Flag Campaign is a public awareness campaign developed by the Virginia Sexual and Domestic Violence Action Alliance to raise awareness and prevention of dating violence on college campuses.

Don't miss the red flags, posters, and supporting events and activities October 24 – October 28.

If you would like to help plan and support The Red Flag Campaign, please contact Sarah Higginbotham at (540) 985-9711 or sehigginbotham@jchs.edu.

Title IX Notification



The United States Department of Education and the Office of Civil Rights issued a "Dear Colleague Letter" in April 2011. This letter informed all higher education institutions that sexual assault is now considered a form of gender discrimination and sexual harassment under the regulations of Title IX. This letter mandates that all higher education institutions are required to have a Title IX Coordinator who will support the institution's responsibility to ensure immediate, effective, and fair procedures upon receiving any complaints of sexual misconduct and during any judicial proceedings to prevent any future reoccurrences.

Title IX Coordinator
Jefferson College of Health Sciences
Sarah Higginbotham, MSW
Student Affairs, CRCH, 4th Floor
(540) 985-9711
sehigginbotham@jchs.edu

Grant statement: This project was supported by grant # 2008-WA-AX-0005 awarded by the Violence Against Women Office, Office of Justice Programs, U.S. Department of Justice. Points of View in this document are those of the author and do not necessarily represent the official position or policies of the U.S. Department of Justice.

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* September 2011 *

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JEFFERSON COLLEGE
of HEALTH SCIENCES

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Coordinator of the Learning and
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Rase McCray

Writing Specialist

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Educational Technology
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Counseling and Wellness

Dr. Jennifer Slusher

Director of Counseling
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Sarah Higginbotham

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Jefferson College
of Health Sciences

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Roanoke, VA 24013

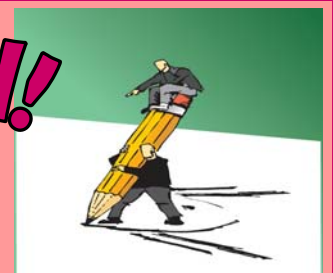
Contributing writers for this issue:

Letisha Houston, Nancy Agee, Emily Moore, Kimberly Whiter, Rase McCray, Kathy Jones, Liz Costa, Judy Caffee, Mark Lambert, Ally Bowersock, Darrell Shomaker, Susan Booth, and Sarah Higginbotham.

Publication Disclaimer: Each article contained in this newsletter reflects the opinion and perspective of each individual author rather than the official position of the College.

Tutors Needed!

The Learning & Writing Center
is looking for tutors in ALL subjects!



If you have a good GPA, earned at least a B in the course(s) you'd be interested in tutoring, and would like to **earn a little money** (and have a superb resume booster!) by helping your fellow students, please contact the LWC Coordinator, **Emily Moore**, for a tutor job application. Don't worry if you have no experience; you'll receive plenty of training!

Contact Emily Moore at 985-8449 or EHMoore@jchs.edu

JCHS is on Facebook and Twitter! Visit our sites today, stay connected, and keep up with all of our latest news, and event photos!

facebook

AMSA Blood Drive

When: Monday, Sept. 26

Where: Doghouse

Time: 11 a.m.—4 p.m.

Sign-up: Room #913

Please submit your "promotional ads" and "event announcements" for Volume 3, Issue 5 of this newsletter to Letisha Houston at LBHouston@jchs.edu no later than Monday, October 24, 2011.

Please send all newsletter submissions for Volume 3, Issue 5 to Letisha Houston at LBHouston@jchs.edu no later than Monday, October 24, 2011. Go to the [Newsletter web pages](#) to see the [Submission Guidelines](#).