Message from the President

Dear Tau Phi Chapter Members,

I hope that all Tau Phi members had a good holiday and are looking forward to the New Year. I am very excited about plans for chapter activities for the coming year. I hope that all members will be able to attend the next meeting on February 15. Please take a few minutes to read through this issue of our chapter newsletter and note some of our accomplishments from the past year. I also hope that you will contact Milena Staykova with news of your work to share with all chapter members. It is through this type of networking that we can make contacts to help nursing grow and move forward in our area.

Warren Clark

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Tau Phi Chapter Board of Directors
2010-2011
Warren Clark, PhD, RN
President
Ava Porter, DNP, RN
President-elect
Ann Hutchens, BSN, RN
Vice President
Debbie Huddleston, MSN, RN
Secretary
Lisa Allison-Jones, PhD, RN
Treasurer
Michelle Hartman, DNP, RN
Counselor
Jennifer Reece, MSN, RN
Ann Gibson Myers, MSN, RN
Deidra Pennington, MSN, RN
Leadership Succession
Linda Rickabaugh, MSN, RN
Nneka Okoye, BSN, RN
Angie Goodson, MSN, RN
Governance Committee

~

Tau Phi Welcomes New Members!

On October 28, 2010, the Tau Phi Chapter inducted new members at the annual induction ceremony. The ceremony was held at the Corinthian Ballroom, Downtown Roanoke.

To access the slide show visit JCHS STTI site or paste the link to your browser.

http://www.jchs.edu/page.php/prmID/216

The event keynote speaker, Dr. Kathlyn Sue Haddock, PhD, RN, Associate Chief of Staff for Research WJB Van Dorn VAMC, delivered a presentation highlighting the international role of STTI members.

NEW MEMBERS

Nurse Leaders
Cynthia Marcum
Kimberly Wilson

Students
Terri Allen
Samantha Beard
Nora Bell
Brenda Bengtson
Barbara Boggs
Beth Bond
Anne Cattigan
Lisa Ferguson
Jennifer Golla
Sharon Jones
Tara Kasongo
Megan Kovack
Katelynn Severa
Patricia Shorner
Karrie Wills

New Officers Installed
New Chapter officers were installed.
- Ava Porter President-elect
- Michelle Hartman Counselor
- Deidra Pennington Leadership Succession

Chapter officers and members would like to thank the members for their hard work and dedication to helping the chapter grow and meet its mission.

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Society Scoop 1
A chapter meeting was held on November 29, 2010 at JCHS. The members had an opportunity to tour the new Nursing Department learning labs, classrooms, JCHS Library, and offices.

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**Prospective chapter meetings**

The next chapter meeting is scheduled for February 15, 2011 from 6:00 to 7:00 pm at JCHS in room 617 at CRCH. Dr. A. Porter will present "From Clinical Issue to Project Design: Creating your Clinical Research Question"

The chapter Board of Directors will meet from 5:00 – 6:00 pm in room 1021 JCHS/CRCH Feb 15.

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Another chapter meeting will be held in conjunction with JCHS MSN graduation and will feature poster presentations by the graduating students. The meeting will be on May 2 at the Vinton War Memorial. Details will follow in the spring.

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**Students Center**

STTI free nursing resources for students include:

- **Resource Center**
- **Continuing Education Case Studies**
- **Publications**

To access the resources click on the following link or paste it in your browser:

http://www.nursingsociety.org/student/Pages/free_stuff.aspx

Scholarship Opportunities are available at STTI. Please visit the site for more information.

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**New Student Housing**

Resident students from Jefferson College of Health Sciences (JCHS) will have the pleasure to reside in the Patrick Henry building in the fall of 2011. The developer has undertaken total renovation to satisfy the needs of the college students.
The 2009-2011 president of the Honor Society of Nursing, Sigma Theta Tau International is Dr. Karen Morin, RN, DSN, ANEF. Dr. Morin is a director of the PhD Program at University of Wisconsin-Milwaukee. She has authored more than 60 peer-reviewed publications. Dr. Morin advocates for connecting through knowledge for global health. For details on Dr. Morin call to action presented to the House of Delegates at the 40th Biennial Convention, November 4, 2009, Indianapolis, Ind., USA please go to: http://www.nursingsociety.org/ABOUTUS/CALLTOACTION/Pages/CalltoAction.aspx

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STTI Events

Call for Abstracts
22nd International Nursing Research Congress
July 11-14, 2011 and in conjunction with the congress,
2nd International Nursing Research Conference for the World Academy of Nursing Science
July 14-15, 2011

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Interesting facts

STTI (2010) Member Demographics:

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<thead>
<tr>
<th>Percentage</th>
<th>Group</th>
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</thead>
<tbody>
<tr>
<td>97%</td>
<td>Female</td>
</tr>
<tr>
<td>3%</td>
<td>Male</td>
</tr>
<tr>
<td>86%</td>
<td>White</td>
</tr>
<tr>
<td>5%</td>
<td>Black</td>
</tr>
<tr>
<td>4%</td>
<td>Hispanic</td>
</tr>
<tr>
<td>3%</td>
<td>Asian</td>
</tr>
</tbody>
</table>

36% of STTI members have advanced degrees (master's or doctorate)

56% have a specialty certification

40% have more than 5 years of work experience

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Research at Carilion is Growing

By Dr. R. Clark

This year we co-sponsored our annual nursing research conference with Carilion Office of Nursing Research. The conference, "Integrating Nursing Research and Information Systems: Strategies for Success" focused on clinical research designs and practical strategies for using electronic health records and other clinical data systems. K. Sue Haddock, PhD, RN, Associate Chief of Staff for Research at the WJB Dorn VA Medical Center in Columbia, SC was the keynote speaker. She shared insights into a variety of research designs, other than RCT, that could be effective in nursing studies. Mattie Tenzer discussed data collection and analysis strategies that could be used to support research and touched on issues related to HIPAA that affect decisions about design and data collection. Tammy Kemp reviewed the national discussion of the term "meaningful use" and its impact on electronic data management and research endeavors. Krista Henderson and Becky Clark shared an exemplar of using the electronic data system as a tool for data collection and analysis, lessons learned and strategies to address the variety of challenges.

The conference was well received and planning for 2011 is on-going. Look for more details about our upcoming conference.

Nursing research at Carilion is growing each day and our nurses are doing some great work!

A sample of on-going studies conducted by Tau Phi members:

- A comparison of dressings for post-sternotomy care: C. Jennings, DNP, RN
- A pilot study: Impact of structured education on smoking cessation: D. Bond, DNP, RN
- Supporting breastfeeding in the Neonatal Intensive Care Unit: D. Goldberg, PhD, P. Vari, PhD, RN
- Preferences about dying and death of cancer and palliative care patients: P. Whitehead, PhD, RN
- Near infrared spectroscopy measure of brain activation in the premature infants: J. Martin, DNP, RN
- Competencies of Nurse Educators in Curriculum Design: A Delphi Study: M. Staykova, EdD(c), APRN
- Effects of an interdisciplinary activity on student's perceptions of other healthcare disciplines: C. Poulsen, M.A., RRT-NPS; G. Greer, DNP; S. Jones, MSN; M. Staykova, EdD(c); K. Wilson, MSN
**What's New at the Community**

**Leadership and Collaboration**

**JCHS New Faculty**

Mrs. Kimberly B. Hall has practiced nursing for 18 years. Mrs. Hall is specialized in Adult Acute Care. In addition, she holds a Nurse Executive Certification, and she has completed Nursing Leadership Fellowship through the Nurse Leadership Institute of Central Virginia. A member of the VNA, VONE, STTI, NAON, Mrs. Hall has presented at 4 national nursing conferences. With interests in baccalaureate students' academic motivation, Mrs. Hall continues to advance her education. Currently, she is a Doctoral student at Case Western Reserve University in Cleveland, Ohio.

Mrs. Cindy Marcum has been a nurse for over 30 years with clinical experience in Maternal/Child Nursing. Furthermore, Mrs. Marcum is a Family Nurse Practitioner in OB/GYN Clinic and Family Medicine. She received MSN/FNP from Radford University in 2000. Currently, Mrs. Marcum is pursuing a Doctorate in Nursing Practice at Case Western University in Cleveland, OH.

Mrs. Kimberly Wilson has been a nurse for 11 years working at different healthcare settings such as Vascular PCU, Rheumatology, Pediatric home visiting, and managed Health Center at Hollins University. Prior to obtaining a nursing degree, Mrs. Wilson worked as a social worker. Mrs. Wilson is a JCHS MSN graduate and intends to continue her education in the future as a DNP student.

Deidra Pennington a JCHS MSN graduate joins the faculty from Carilion Roanoke Memorial Hospital. She has 26 years of experience in nursing; 10 years in Coronary Care and 14 in Neuro-Trauma Intensive Care, where she served as Unit Director from 2000-2008. Deidra is a nationally certified child passenger safety technician instructor and has been a contract instructor with the VA Dept of Health and the VA Chiefs of Police.

Elizabeth "Libbie" Guilfoyle, MSN, FNP-BC joined JCHS from Roanoke Adolescent Health Partnership – Roanoke City Schools where she had served as Clinical Operations Administrator since 2001. Libbie is the current President for the local chapter of the Virginia Council of Nurse Practitioners and serves on the state Board of Directors. She is a national speaker for Merck Pharmaceuticals and speaks on issues pertaining to Adolescent Medicine and Immunizations. She has been a Family Nurse Practitioner for 15 years.

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**Local Events**

JCHS and Tau Phi Chapter of STTI

Go International Mission Trip to Honduras:

May 2011

JCHS will sponsor a medical mission trip to Honduras in May 2011 with STTI member, Lisa Allison- Jones and her husband Bruce as team leaders. Other STTI members and JCHS nursing faculty who will be part of the team are DeDee Foti, Michelle Hartman and Linda Rickabaugh. Five JCHS students have been chosen to be part of the team. The focus of this team will be initiating a health promoter program in cooperation with the Friends of Barnabas Foundation. Program participants will be selected from poor, rural mountain villages with the goal of improving health promotion and wellness education in remote areas of Honduras with little access to healthcare.

Linda Rickabaugh

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**What is on your mind?**

Do you want to help the next generation of nurses become more competent health care providers? Jefferson College of Health Sciences is looking for professionals in our community who would like to tutor student nurses in a variety of subject areas. No teaching experience is necessary, and even an hour a week of volunteer tutoring can be rewarding for both you and the tutee. For information about this opportunity, contact the JCHS tutoring coordinator, Emily Moore, by email at ehmoore@jchs.edu or by phone at (540) 985-8449. Thanks for your willingness to give this a try!

Emily Moore

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**Letter from the editor**

Dear STTI Tau Phi Members,

I would like to welcome you to a new and exciting year and ask for your help. As the board is planning to publish a new newsletter, exciting opportunities for participation exist. I am reaching out to the chapter members asking them to help making this newsletter meaningful.

- Bring us the news from your hospital, school, and local community.
- Share with us leadership and collaborative activities, promotions, personal or professional achievements.
- Tell us about practice, scholarship, research projects that you have participated in or you intend to conduct.

We are very proud to have each of you in our local chapter and we would like to celebrate you as unique you are.

Please contact Milena Staykova at mpslaykova@jchs.edu to share your thoughts on what would you like to see published in the chapter newsletter.

Best Regards,

Milena Staykova