Jefferson College of Health Sciences
TAU PHI CHAPTER #451
Society Scoop

President’s Message: Our Call for Action

In February, the Tau Phi Board hosted a gathering for our new members and the turnout was excellent. The energy and enthusiasm in the room was infectious. Many ideas for chapter projects and fundraisers were generated.

Ava G. Porter, DNP, RN, Tau Phi Chapter President

One of our new members, Ashley Elliott, arranged a fundraising event for our chapter’s endowed scholarship fund by selling Scentsy products. We appreciate Ashley’s leadership on that project and extend our thanks to her. Our pancake breakfast fundraiser event is upcoming on April 27th (see page 3 for details.)

We continue our community service through meal preparation and serving at Manna Ministries on 2nd Thursdays every other month.

Rhoda Murray is forming a team, Tau Phi Crusaders, to walk in the American Cancer Society Relay for Life on June 14 (see page 3 for details.) Help is needed there!

The Tau Phi Board now reaches out to all members to become actively involved as we “create our legacy.” Watch for future communications on opportunities for involvement, and please send us your ideas for chapter engagement in the community!

With warmest regards,
Ava Porter

Scholarship Recipient Reflections

As a full time student who is working full time to fund a pursuit for higher education, receiving the STTI, the Tau Phi Scholarship was such a blessing. The scholarship allowed me to put the money into savings for next semester’s textbook costs. It is really good to know that I don’t have to stress about books next semester.

Thank you so much STTI Tau Phi for helping fund my education and for giving me some peace of mind.

Sincerely,
Erin Semler

I am so appreciative, the Tau Phi chapter for giving me this scholarship!

Sigma Theta Tau International is such a wonderful organization with a tremendous mission to enhance healthcare delivery through their support and commitment to nursing. Scholarships are a wonderful way to provide students with much needed financial assistance.

The Tau Phi chapter contributes to the learning and professional development of future nurses, who will, in turn, strive to improve nurse care both locally, and worldwide.

Sincerely,
Kate Craighead
My philosophy of Leadership is based on the PLEASE Principle. Why? First, if you are going to be a leader, you must respect those around you. Saying Please is one way to demonstrate respect. When you are seeking to engage others in the journey, many say they want or expect to be asked. So don't forget, "Please," when you want to get them more engaged. PLEASE also stands for so many concepts of leadership: Passion – Believe in the vision, the mission Luck – Not a scratch off ticket…it’s all about being ready, in the right place at the right time. Be prepared and more opportunities will be available. Ethics – A good leader must be ethical and present everything and everyone ethically. With honesty and consistency, be reliable, trustworthy and demonstrate integrity, fairness, and confidentiality especially when dealing with conflicts to seek resolutions. And above all, hold yourself accountable for your decisions. Awareness – What do I know? What do I need to know? Where are my strengths and weakness? Where can I get what I need? What do I know about those around me and how can I help them? Science – Know your stuff. Know the science of what you represent, and the organization you are associated with. Empowerment – Seek it, for yourself personally and provide it to those around you. It comes with accomplishing a job well done and helping others be a part and empowering others. It can also mean having Empathy, that other E.

Submitted by Susan Wirt, BSN, RN, CRRN, CCM, CLCP, CRP, CNLCP

Faculty Promotions: Four Tau Phi members (JCHS faculty members) recently earned promotions in faculty rank:

Professor:
Dr. Ava Porter,
Dr. Patty Vari

Associate Professor:
Dr. Rebecca Greer
Dr. Milena Staykova

Applicants for promotion in faculty rank must demonstrate excellence in teaching, scholarship and service.
JCHS Mission Trip to Honduras

Tau Phi members Dr. Lisa Allison-Jones and Ms. Linda Rickabaugh, along with Dr. Paula Prince, led a mission team to Honduras March 3-10, 2013 in cooperation with the Friends of Barnabas Foundation (www.fobf.org) accompanied by Bruce Jones and Dean Rickabaugh. Three JCHS students Betsie Johnson (NSG), Lindsay McIntosh (NSG) and Tayler Shull (PTA) and 3 alumni, Kaylee McMahan, RN, Jennifer McPerson (Health Psych) and Stephanie Tito, RN, who served as interpreter, completed the team.

The team’s primary mission was educating health promoters from 17 remote mountain villages. Topics included diabetes, high blood pressure, asthma, menopause, hand washing and wound care. Other team projects included creating a mural, under Kaylee’s leadership, completed by the team, staff, patients and health promoters, and maintenance projects at the Barnabas complex.

Highlights of the mission included a visit to a mountain village, Las Nieves and a day at the Escuela Angeles, a school for disabled children who stole our hearts! The week ended with a relaxing day at a pristine beach, Punta Sal. To read more about our trip- read our daily journal blogs on the JCHS web site.

Submitted by
Linda Rickabaugh, MSN, RN

Tau Phi Chapter-American Cancer Society Relay for Life

Dear Tau Phi member:

We are forming a team to walk in the American Cancer Society Relay for Life and asking all who are interested in joining to respond to this invitation. The date of the walk is: June 14, an overnight event

Location: Reserve Avenue Athletic Fields
Team organizers: Rhoda Murray, Ashley Elliott, and Wendy Gilraine.

Our team is registered as the Tau Phi Crusaders. Our slogan is “As nurses we love all, celebrate courage, and honor the brave”. For all who expressed interest in walking and those still wanting to walk please go to http://main.acsevents.org/site/TR?fr_id=53087&pg=team&team_id=1383550 to join the team. There is a $10.00 registration fee that goes toward our team goal of $1,500.00. All additional money raised individually will go toward the team goal. As an incentive, the team member raising the most money will receive a gift card for a ONE Hour Massage.

We are planning two large fundraising opportunities to meet our goal of $1,500.00. One fundraiser will be a Pancake Breakfast on April 27 from 8-10am at Applebee’s on Valley View Blvd. Our goal is to sell a minimum of 500 tickets at $6.00 per ticket.

Thank you,
Rhoda Murray and Team
**Note from the Editor,**

Dear members,

We often get the question of what is considered important information for submission to the newsletter. Here are few examples:

**Milestone Celebrations such as:**
- Graduation, Degree Completion
- Accomplishments
- Professional Awards
- Promotions
- Research Projects
- Conference Presentations
- Publications

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**Dear Members,**

Did you know TauPhi is on Facebook? You can find us at [https://www.facebook.com/TauPhi](https://www.facebook.com/TauPhi). To find out the latest happenings make sure you “Like” us. You can always find information on upcoming events, pictures from our outings and service projects such as Manna Ministries, and even information on upcoming conferences and abstract deadlines if you are interested in submitting presentations.

Keep Tau Phi close and on your newsfeed. “Like” us today!

Angela Goodson, RN

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**Next Chapter Meeting**

The next Tau Phi Chapter meeting is scheduled for **5/2/13** sponsored by Medtronic. Location: Montano’s (in back room) **5:30 -7:30pm**

Presentation: MRI safe pacemakers

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**“Research is to see what everybody else has seen, and to think what nobody else has thought.”**

Albert Szent-Gyorgyi

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**Save the Date: Events and Opportunities**

- **NET 2013 International Networking for Healthcare Education**
  - September 3-5, 2013, Cambridge, United Kingdom

- **2013 NLN Education Summit**
  - September 18 – 21
  - Washington Marriott Wardman Park, Washington, DC

- **2013 Magnet Conference**
  - October 2-4, 2013, Orlando, Florida, USA

- **Nursing Research: Transforming Care Through Nursing Research: Strategies and Studies (CE923C)**
  - October 24, 2013
  - Carilion Clinic, TBA

- **Southwest Trauma and Acute Care Symposium**
  - November 7-8, 2013
  - Talking Stick Resort in Scottsdale, Arizona

- **STTI 42nd Biennial Convention**
  - November 16-20, 2013, Indianapolis, Indiana